



minsk, 22. - 24.3.2023



1
22.03.2023 - 11:45

, 400m

: 4:23.00 / : 4:40.50 / 1 : 5:01.50 / 2 : 5:41.00 / 3 : 6:29.50

: FINA 2022

2010

1.				10					4:48.99	530	1	
	50m:	33.31	33.31	150m:	1:46.01	36.66	250m:	2:59.76	36.68	350m:	4:13.67	36.49
	100m:	1:09.35	36.04	200m:	2:23.08	37.07	300m:	3:37.18	37.42	400m:	4:48.99	35.32
2.				10			"	"		4:55.95	493	1
	50m:	32.37	32.37	150m:	1:46.51	37.43	250m:	3:02.88	38.01	350m:	4:19.54	38.25
	100m:	1:09.08	36.71	200m:	2:24.87	38.36	300m:	3:41.29	38.41	400m:	4:55.95	36.41
3.				11						4:57.87	484	1
	50m:	32.83	32.83	150m:	1:46.96	37.97	250m:	3:03.64	38.20	350m:	4:20.11	38.31
	100m:	1:08.99	36.16	200m:	2:25.44	38.48	300m:	3:41.80	38.16	400m:	4:57.87	37.76
4.				11						4:58.92	479	1
	50m:	32.28	32.28	150m:	1:47.69	38.33	250m:	3:05.88	39.14	350m:	4:22.70	37.99
	100m:	1:09.36	37.08	200m:	2:26.74	39.05	300m:	3:44.71	38.83	400m:	4:58.92	36.22
5.				11						5:02.68	461	2
	50m:	33.10	33.10	150m:	1:48.31	38.17	250m:	3:06.34	39.04	350m:	4:26.02	41.32
	100m:	1:10.14	37.04	200m:	2:27.30	38.99	300m:	3:44.70	38.36	400m:	5:02.68	36.66
6.				10						5:03.99	455	2
	50m:	34.27	34.27	150m:	1:50.59	38.78	250m:	3:09.05	39.21	350m:	4:26.26	38.53
	100m:	1:11.81	37.54	200m:	2:29.84	39.25	300m:	3:47.73	38.68	400m:	5:03.99	37.73
7.				11						5:08.61	435	2
	50m:	34.26	34.26	150m:	1:51.32	39.27	250m:	3:10.65	39.35	350m:	4:29.59	39.22
	100m:	1:12.05	37.79	200m:	2:31.30	39.98	300m:	3:50.37	39.72	400m:	5:08.61	39.02
8.				10			"	"		5:12.39	419	2
	50m:	34.08	34.08	150m:	1:52.08	40.12	250m:	3:13.00	40.60	350m:	4:35.80	41.38
	100m:	1:11.96	37.88	200m:	2:32.40	40.32	300m:	3:54.42	41.42	400m:	5:12.39	36.59
9.				10			"	"		5:15.78	406	2
	50m:	35.16	35.16	150m:	1:53.26	40.03	250m:	3:14.57	40.67	350m:	4:36.24	41.13
	100m:	1:13.23	38.07	200m:	2:33.90	40.64	300m:	3:55.11	40.54	400m:	5:15.78	39.54
10.				10						5:16.01	405	2
	50m:	36.31	36.31	150m:	1:57.13	40.90	250m:	3:19.48	41.19	350m:	4:39.60	39.61
	100m:	1:16.23	39.92	200m:	2:38.29	41.16	300m:	3:59.99	40.51	400m:	5:16.01	36.41
11.				10			"	"		5:18.53	396	2
	50m:	34.58	34.58	150m:	1:56.06	41.09	250m:	3:19.04	41.96	350m:	4:40.38	40.19
	100m:	1:14.97	40.39	200m:	2:37.08	41.02	300m:	4:00.19	41.15	400m:	5:18.53	38.15
12.				10	"	"			-2011"	5:19.21	393	2
	50m:	34.03	34.03	150m:	1:52.47	40.29	250m:	3:15.04	41.63	350m:	4:39.45	42.22
	100m:	1:12.18	38.15	200m:	2:33.41	40.94	300m:	3:57.23	42.19	400m:	5:19.21	39.76
13.				10						5:19.75	391	2
	50m:	36.00	36.00	150m:	1:57.73	41.50	250m:	3:19.29	39.61	350m:	4:39.76	40.14
	100m:	1:16.23	40.23	200m:	2:39.68	41.95	300m:	3:59.62	40.33	400m:	5:19.75	39.99
14.				10			"	"		5:20.75	387	2
	50m:	35.65	35.65	150m:	1:56.78	41.03	250m:	3:19.71	41.65	350m:	4:42.89	41.77
	100m:	1:15.75	40.10	200m:	2:38.06	41.28	300m:	4:01.12	41.41	400m:	5:20.75	37.86
15.				10			"	"		5:21.04	386	2
	50m:	35.21	35.21	150m:	1:54.11	40.70	250m:	3:16.97	42.40	350m:	4:40.62	42.11
	100m:	1:13.41	38.20	200m:	2:34.57	40.46	300m:	3:58.51	41.54	400m:	5:21.04	40.42



minsk, 22. - 24.3.2023



1,	, 400m			, 2010								
	/											
16.				10	"	"			5:21.32	385	2	
	50m:	35.01	35.01	150m:	1:56.14	41.49	250m:	3:19.44	41.71	350m:	4:42.53	41.22
	100m:	1:14.65	39.64	200m:	2:37.73	41.59	300m:	4:01.31	41.87	400m:	5:21.32	38.79
17.				10	"	"			5:23.89	376	2	
	50m:	36.87	36.87	150m:	1:58.97	41.49	250m:	3:21.57	41.45	350m:	4:44.40	41.56
	100m:	1:17.48	40.61	200m:	2:40.12	41.15	300m:	4:02.84	41.27	400m:	5:23.89	39.49
18.				10	"	"			5:25.53	371	2	
	50m:	35.02	35.02	150m:	1:56.38	41.46	250m:	3:21.04	43.00	350m:	4:45.43	42.18
	100m:	1:14.92	39.90	200m:	2:38.04	41.66	300m:	4:03.25	42.21	400m:	5:25.53	40.10
19.				11	"	"			5:30.08	355	2	
	50m:	35.96	35.96	150m:	1:57.99	41.83	250m:	3:23.47	42.93	350m:	4:48.70	42.42
	100m:	1:16.16	40.20	200m:	2:40.54	42.55	300m:	4:06.28	42.81	400m:	5:30.08	41.38
20.				10	"	"			5:30.44	354	2	
	50m:	14.40	14.40	150m:	1:17.83	42.11	250m:	2:43.00	42.46	350m:	4:08.33	42.46
	100m:	35.72	21.32	200m:	2:00.54	42.71	300m:	3:25.87	42.87	400m:	5:30.44	1:22.11
21.				11	"	"			5:31.08	352	2	
	50m:	35.03	35.03	150m:	1:58.10	42.26	250m:	3:24.47	43.39	350m:	4:50.70	43.22
	100m:	1:15.84	40.81	200m:	2:41.08	42.98	300m:	4:07.48	43.01	400m:	5:31.08	40.38
22.				10	"	"			5:32.31	348	2	
	50m:	36.41	36.41	150m:	2:00.81	42.10	250m:	3:25.33	42.30	350m:	4:50.54	42.99
	100m:	1:18.71	42.30	200m:	2:43.03	42.22	300m:	4:07.55	42.22	400m:	5:32.31	41.77
23.				10	"	"			5:34.33	342	2	
	50m:	38.30	38.30	150m:	2:02.31	41.98	250m:	3:28.09	43.06	350m:	4:53.16	42.23
	100m:	1:20.33	42.03	200m:	2:45.03	42.72	300m:	4:10.93	42.84	400m:	5:34.33	41.17
24.				11	"	"			5:37.59	332	2	
	50m:	35.84	35.84	150m:	1:58.06	41.94	250m:	3:22.80	42.67	350m:	4:45.82	40.26
	100m:	1:16.12	40.28	200m:	2:40.13	42.07	300m:	4:05.56	42.76	400m:	5:37.59	51.77
25.				10	"	"			5:39.22	327	2	
	50m:	36.09	36.09	150m:	2:01.08	43.02	250m:	3:29.10	43.87	350m:	4:57.33	43.93
	100m:	1:18.06	41.97	200m:	2:45.23	44.15	300m:	4:13.40	44.30	400m:	5:39.22	41.89
26.				11	"	"			5:39.69	326	2	
	50m:	36.32	36.32	150m:	2:02.25	43.38	250m:	3:29.78	43.56	350m:	4:58.38	44.11
	100m:	1:18.87	42.55	200m:	2:46.22	43.97	300m:	4:14.27	44.49	400m:	5:39.69	41.31
27.				10	"	"			5:40.17	325	2	
	50m:	38.31	38.31	150m:	2:06.02	43.90	250m:	3:34.32	44.81	350m:	5:00.70	43.12
	100m:	1:22.12	43.81	200m:	2:49.51	43.49	300m:	4:17.58	43.26	400m:	5:40.17	39.47
28.				10	"	"			5:40.25	324	2	
	50m:	35.73	35.73	150m:	2:00.58	43.19	250m:	3:28.42	43.84	350m:	4:57.44	44.58
	100m:	1:17.39	41.66	200m:	2:44.58	44.00	300m:	4:12.86	44.44	400m:	5:40.25	42.81
29.				10	"	"			5:40.41	324	2	
	50m:	36.05	36.05	150m:	2:01.32	43.25	250m:	3:30.46	44.57	350m:	4:58.27	43.93
	100m:	1:18.07	42.02	200m:	2:45.89	44.57	300m:	4:14.34	43.88	400m:	5:40.41	42.14
30.				10	"	"			5:40.62	323	2	
	50m:	38.06	38.06	150m:	2:04.01	42.89	250m:	3:31.38	43.98	350m:	5:00.15	44.41
	100m:	1:21.12	43.06	200m:	2:47.40	43.39	300m:	4:15.74	44.36	400m:	5:40.62	40.47
31.				11	"	"			5:40.80	323	2	
	50m:	38.07	38.07	150m:	2:03.72	44.06	250m:	3:31.08	43.72	350m:	4:59.54	44.64
	100m:	1:19.66	41.59	200m:	2:47.36	43.64	300m:	4:14.90	43.82	400m:	5:40.80	41.26



minsk, 22. - 24.3.2023

1,	, 400m			, 2010								
32.				10		"	"		5:41.22	322	3	
	50m:	37.41	37.41	150m:	2:02.83	43.27	250m:	3:30.95	44.01	350m:	5:00.18	44.83
	100m:	1:19.56	42.15	200m:	2:46.94	44.11	300m:	4:15.35	44.40	400m:	5:41.22	41.04
33.				11		"	"		5:41.41	321	3	
	50m:	36.81	36.81	150m:	2:02.91	44.10	250m:	3:30.48	44.27	350m:	4:58.11	43.73
	100m:	1:18.81	42.00	200m:	2:46.21	43.30	300m:	4:14.38	43.90	400m:	5:41.41	43.30
34.				12					5:42.83	317	3	
	50m:	36.95	36.95	150m:	2:03.32	43.42	250m:	3:32.74	44.43	350m:	5:01.30	44.86
	100m:	1:19.90	42.95	200m:	2:48.31	44.99	300m:	4:16.44	43.70	400m:	5:42.83	41.53
35.				11		"	"		5:43.70	315	3	
	50m:	39.63	39.63	150m:	2:04.42	42.22	250m:	3:31.78	44.17	350m:	4:59.05	43.86
	100m:	1:22.20	42.57	200m:	2:47.61	43.19	300m:	4:15.19	43.41	400m:	5:43.70	44.65
36.				10		"	"		5:44.37	313	3	
	50m:	36.75	36.75	150m:	2:01.58	43.57	250m:	3:30.85	44.47	350m:	4:53.20	39.89
	100m:	1:18.01	41.26	200m:	2:46.38	44.80	300m:	4:13.31	42.46	400m:	5:44.37	51.17
37.				10		"	"		5:44.72	312	3	
	50m:	38.27	38.27	150m:	2:05.26	44.22	250m:	3:34.45	44.91	350m:	5:02.26	43.75
	100m:	1:21.04	42.77	200m:	2:49.54	44.28	300m:	4:18.51	44.06	400m:	5:44.72	42.46
38.				11		"	"		5:45.83	309	3	
	50m:	37.49	37.49	150m:	2:03.26	43.63	250m:	3:33.31	45.22	350m:	5:02.92	44.58
	100m:	1:19.63	42.14	200m:	2:48.09	44.83	300m:	4:18.34	45.03	400m:	5:45.83	42.91
39.				10		"	"		5:46.14	308	3	
	50m:	38.75	38.75	150m:	2:05.86	43.71	250m:	3:35.37	44.62	350m:	5:04.37	44.37
	100m:	1:22.15	43.40	200m:	2:50.75	44.89	300m:	4:20.00	44.63	400m:	5:46.14	41.77
40.				11		"	"		5:46.21	308	3	
	50m:	37.26	37.26	150m:	2:01.90	43.16	250m:	3:30.91	45.36	350m:	5:05.45	47.54
	100m:	1:18.74	41.48	200m:	2:45.55	43.65	300m:	4:17.91	47.00	400m:	5:46.21	40.76
41.				11		"	"		5:48.41	302	3	
	50m:	37.15	37.15	150m:	2:06.39	44.82	250m:	3:35.79	45.04	350m:	5:06.96	45.12
	100m:	1:21.57	44.42	200m:	2:50.75	44.36	300m:	4:21.84	46.05	400m:	5:48.41	41.45
42.				10		"	"		5:48.49	302	3	
	50m:	39.63	39.63	150m:	2:07.39	44.23	250m:	3:36.62	44.51	350m:	5:05.27	44.45
	100m:	1:23.16	43.53	200m:	2:52.11	44.72	300m:	4:20.82	44.20	400m:	5:48.49	43.22
43.				11		"	"		5:48.65	302	3	
	50m:	38.25	38.25	150m:	2:06.14	44.74	250m:	3:35.72	45.13	350m:	5:05.50	44.82
	100m:	1:21.40	43.15	200m:	2:50.59	44.45	300m:	4:20.68	44.96	400m:	5:48.65	43.15
44.				11		"	"		5:51.59	294	3	
	50m:	38.33	38.33	150m:	2:06.59	44.98	250m:	3:37.26	45.09	350m:	5:08.30	45.25
	100m:	1:21.61	43.28	200m:	2:52.17	45.58	300m:	4:23.05	45.79	400m:	5:51.59	43.29
45.				11		"	"		5:51.62	294	3	
	50m:	37.75	37.75	150m:	2:06.46	45.27	250m:	3:36.95	45.39	350m:	5:08.32	45.27
	100m:	1:21.19	43.44	200m:	2:51.56	45.10	300m:	4:23.05	46.10	400m:	5:51.62	43.30
46.				11		"	"		5:51.88	293	3	
	50m:	14.65	14.65	150m:	1:20.17	42.86	250m:	2:51.91	45.48	350m:	4:22.83	44.87
	100m:	37.31	22.66	200m:	2:06.43	46.26	300m:	3:37.96	46.05	400m:	5:51.88	1:29.05
47.				12					5:52.04	293	3	
	50m:	39.34	39.34	150m:	2:04.72	46.58	250m:	3:36.11	48.56	350m:	5:09.60	49.27
	100m:	1:18.14	38.80	200m:	2:47.55	42.83	300m:	4:20.33	44.22	400m:	5:52.04	42.44



minsk, 22. - 24.3.2023



1,	, 400m			, 2010								
/												
48.				10	"		"		5:53.04	290	3	
50m:	39.55	39.55	150m:	2:09.31	45.74	250m:	3:40.90	45.77	350m:	5:11.19	45.21	
100m:	1:23.57	44.02	200m:	2:55.13	45.82	300m:	4:25.98	45.08	400m:	5:53.04	41.85	
49.				10	"		"		5:53.29	290	3	
50m:	37.97	37.97	150m:	2:06.34	44.58	250m:	3:37.09	45.35	350m:	5:06.27	43.95	
100m:	1:21.76	43.79	200m:	2:51.74	45.40	300m:	4:22.32	45.23	400m:	5:53.29	47.02	
50.				10	"		"		5:54.76	286	3	
50m:	38.17	38.17	150m:	2:06.40	44.73	250m:	3:38.65	46.52	350m:	5:10.40	45.71	
100m:	1:21.67	43.50	200m:	2:52.13	45.73	300m:	4:24.69	46.04	400m:	5:54.76	44.36	
51.				11	"		"		5:58.05	278	3	
50m:	37.18	37.18	150m:	2:06.72	45.75	250m:	3:40.24	46.63	350m:	5:13.40	46.42	
100m:	1:20.97	43.79	200m:	2:53.61	46.89	300m:	4:26.98	46.74	400m:	5:58.05	44.65	
52.				10	"		"		6:00.91	272	3	
50m:	39.17	39.17	150m:	2:09.86	46.29	250m:	3:41.38	46.44	350m:	5:14.28	47.06	
100m:	1:23.57	44.40	200m:	2:54.94	45.08	300m:	4:27.22	45.84	400m:	6:00.91	46.63	
53.				11	"		"		6:00.95	272	3	
50m:	42.80	42.80	150m:	2:15.64	46.49	250m:	3:47.59	45.89	350m:	5:18.49	45.16	
100m:	1:29.15	46.35	200m:	3:01.70	46.06	300m:	4:33.33	45.74	400m:	6:00.95	42.46	
54.				11	"		"		6:02.83	267	3	
50m:	40.57	40.57	150m:	2:14.45	47.20	250m:	3:47.86	46.40	350m:	5:19.52	45.53	
100m:	1:27.25	46.68	200m:	3:01.46	47.01	300m:	4:33.99	46.13	400m:	6:02.83	43.31	
55.				11	"		"		6:03.75	265	3	
50m:	38.92	38.92	150m:	2:08.19	46.35	250m:	3:40.93	46.14	350m:	5:18.03	48.78	
100m:	1:21.84	42.92	200m:	2:54.79	46.60	300m:	4:29.25	48.32	400m:	6:03.75	45.72	
56.				10	"		"		6:05.17	262	3	
50m:	36.82	36.82	150m:	2:09.51	47.88	250m:	3:45.59	47.88	350m:	5:21.14	47.73	
100m:	1:21.63	44.81	200m:	2:57.71	48.20	300m:	4:33.41	47.82	400m:	6:05.17	44.03	
57.				12	"		"		6:05.23	262	3	
50m:	39.23	39.23	150m:	2:11.59	47.21	250m:	3:45.86	46.75	350m:	5:20.52	46.67	
100m:	1:24.38	45.15	200m:	2:59.11	47.52	300m:	4:33.85	47.99	400m:	6:05.23	44.71	
58.				10	"		"		6:06.00	261	3	
50m:	38.65	38.65	150m:	2:07.40	45.67	250m:	3:42.62	48.29	350m:	5:20.68	49.13	
100m:	1:21.73	43.08	200m:	2:54.33	46.93	300m:	4:31.55	48.93	400m:	6:06.00	45.32	
59.				10	"		"		6:10.02	252	3	
50m:	40.81	40.81	150m:	2:15.02	48.25	250m:	3:49.88	47.88	350m:	5:26.25	49.12	
100m:	1:26.77	45.96	200m:	3:02.00	46.98	300m:	4:37.13	47.25	400m:	6:10.02	43.77	
60.				11	"		"		6:11.50	249	3	
50m:	39.74	39.74	150m:	2:13.84	48.23	250m:	3:50.21	48.42	350m:	5:25.41	47.31	
100m:	1:25.61	45.87	200m:	3:01.79	47.95	300m:	4:38.10	47.89	400m:	6:11.50	46.09	
61.				12	"		"		6:15.24	242	3	
50m:	40.69	40.69	150m:	2:14.23	47.98	250m:	3:49.89	48.10	350m:	5:26.39	48.34	
100m:	1:26.25	45.56	200m:	3:01.79	47.56	300m:	4:38.05	48.16	400m:	6:15.24	48.85	
62.				10	"		"		6:21.46	230	3	
50m:	44.04	44.04	150m:	2:22.10	49.27	250m:	3:58.35	48.29	350m:	5:35.10	48.56	
100m:	1:32.83	48.79	200m:	3:10.06	47.96	300m:	4:46.54	48.19	400m:	6:21.46	46.36	
63.				10	"		"		6:22.08	229	3	
50m:	44.28	44.28	150m:	2:21.28	47.50	250m:	3:56.85	48.01	350m:	5:35.78	49.70	
100m:	1:33.78	49.50	200m:	3:08.84	47.56	300m:	4:46.08	49.23	400m:	6:22.08	46.30	



minsk, 22. - 24.3.2023

1,	, 400m			, 2010							
/											
64.				12			"	"	6:22.30		229 3
50m:	40.52	40.52	150m:	2:17.52	49.15	250m:	3:57.86	50.26	350m:	5:36.41	49.56
100m:	1:28.37	47.85	200m:	3:07.60	50.08	300m:	4:46.85	48.99	400m:	6:22.30	45.89
65.				12			"	"	6:26.69		221 3
50m:	41.07	41.07	150m:	2:19.49	50.19	250m:	3:58.75	49.71	350m:	5:38.33	49.84
100m:	1:29.30	48.23	200m:	3:09.04	49.55	300m:	4:48.49	49.74	400m:	6:26.69	48.36
/											
12											
50m:	41.39	41.39	150m:	2:20.37	50.60	250m:	4:00.97	50.14	350m:	5:42.23	50.24
100m:	1:29.77	48.38	200m:	3:10.83	50.46	300m:	4:51.99	51.02	400m:	6:26.69	44.46
67.				11			"	"	6:33.80		209
50m:	43.42	43.42	150m:	2:20.79	48.54	250m:	4:01.08	50.08	350m:	5:47.20	56.42
100m:	1:32.25	48.83	200m:	3:11.00	50.21	300m:	4:50.78	49.70	400m:	6:33.80	46.60
68.				10			"	"	6:35.32		207
50m:	42.46	42.46	150m:	2:20.44	50.37	250m:	4:02.87	51.29	350m:	5:46.32	51.95
100m:	1:30.07	47.61	200m:	3:11.58	51.14	300m:	4:54.37	51.50	400m:	6:35.32	49.00
69.				11			"	"	6:37.01		204
50m:	41.71	41.71	150m:	2:21.74	50.50	250m:	4:05.05	51.40	350m:	5:48.63	51.37
100m:	1:31.24	49.53	200m:	3:13.65	51.91	300m:	4:57.26	52.21	400m:	6:37.01	48.38
70.				10			"	"	6:38.07		202
50m:	43.86	43.86	150m:	2:26.00	51.60	250m:	4:08.37	50.99	350m:	5:51.44	51.28
100m:	1:34.40	50.54	200m:	3:17.38	51.38	300m:	5:00.16	51.79	400m:	6:38.07	46.63
71.				11			"	"	6:42.72		195
50m:	43.97	43.97	150m:	2:24.51	51.16	250m:	4:08.20	51.61	350m:	5:52.39	52.08
100m:	1:33.35	49.38	200m:	3:16.59	52.08	300m:	5:00.31	52.11	400m:	6:42.72	50.33
72.				12			"	"	6:45.30		192
50m:	44.80	44.80	150m:	2:27.27	52.48	250m:	4:12.70	53.05	350m:	5:56.63	51.28
100m:	1:34.79	49.99	200m:	3:19.65	52.38	300m:	5:05.35	52.65	400m:	6:45.30	48.67
73.				12			"	"	6:45.43		192
50m:	41.45	41.45	150m:	2:21.95	51.46	250m:	4:09.84	55.00	350m:	5:54.64	51.70
100m:	1:30.49	49.04	200m:	3:14.84	52.89	300m:	5:02.94	53.10	400m:	6:45.43	50.79
74.				12			"	"	6:49.80		185
50m:	45.90	45.90	150m:	2:30.18	52.43	250m:	4:15.01	52.29	350m:	5:59.80	53.01
100m:	1:37.75	51.85	200m:	3:22.72	52.54	300m:	5:06.79	51.78	400m:	6:49.80	50.00
75.				11			"	"	6:59.70		173
50m:	41.91	41.91	150m:	2:27.16	52.82	250m:			350m:		
100m:	1:34.34	52.43	200m:			300m:			400m:	6:59.70	
DSQ				10			"	"	6:14.08		3
50m:	38.41	38.41	150m:	2:10.67	47.37	250m:	3:46.67	48.35	350m:	5:25.15	49.24
100m:	1:23.30	44.89	200m:	2:58.32	47.65	300m:	4:35.91	49.24	400m:	6:14.08	48.93

2008 - 2009

1.				08			"	"	4:39.40		586
50m:	31.75	31.75	150m:	1:43.19	35.91	250m:	2:54.71	35.98	350m:	4:05.34	34.79
100m:	1:07.28	35.53	200m:	2:18.73	35.54	300m:	3:30.55	35.84	400m:	4:39.40	34.06
2.				09			"	"	4:48.36		533 1
50m:	32.79	32.79	150m:	1:44.80	36.33	250m:	2:58.69	37.17	350m:	4:13.31	37.19
100m:	1:08.47	35.68	200m:	2:21.52	36.72	300m:	3:36.12	37.43	400m:	4:48.36	35.05



minsk, 22. - 24.3.2023



1,	, 400m	,	2008 - 2009									
/												
3.			08					4:48.60	532	1		
50m:	32.30	32.30	150m:	1:45.57	37.04	250m:	2:59.57	37.10	350m:	4:13.79	36.81	
100m:	1:08.53	36.23	200m:	2:22.47	36.90	300m:	3:36.98	37.41	400m:	4:48.60	34.81	
4.			08					4:50.27	523	1		
50m:	32.28	32.28	150m:	1:45.92	37.25	250m:	3:00.76	37.47	350m:	4:15.38	37.44	
100m:	1:08.67	36.39	200m:	2:23.29	37.37	300m:	3:37.94	37.18	400m:	4:50.27	34.89	
5.			09			"	"	4:56.71	490	1		
50m:	31.90	31.90	150m:	1:45.99	37.73	250m:	3:02.99	37.82	350m:	4:19.95	37.38	
100m:	1:08.26	36.36	200m:	2:25.17	39.18	300m:	3:42.57	39.58	400m:	4:56.71	36.76	
6.			08			"	"	4:56.77	489	1		
50m:	33.06	33.06	150m:	1:48.15	38.11	250m:	3:03.96	37.35	350m:	4:19.61	37.64	
100m:	1:10.04	36.98	200m:	2:26.61	38.46	300m:	3:41.97	38.01	400m:	4:56.77	37.16	
7.			09					4:57.76	484	1		
50m:	34.18	34.18	150m:	1:50.34	38.53	250m:	3:06.23	37.08	350m:	4:21.59	36.83	
100m:	1:11.81	37.63	200m:	2:29.15	38.81	300m:	3:44.76	38.53	400m:	4:57.76	36.17	
8.			09			"	"	4:58.12	483	1		
50m:	32.64	32.64	150m:	1:47.53	38.34	250m:	3:04.42	38.56	350m:	4:21.24	37.84	
100m:	1:09.19	36.55	200m:	2:25.86	38.33	300m:	3:43.40	38.98	400m:	4:58.12	36.88	
9.			08					4:59.56	476	1		
50m:	33.49	33.49	150m:	1:49.47	38.48	250m:	3:06.42	38.30	350m:	4:22.65	38.23	
100m:	1:10.99	37.50	200m:	2:28.12	38.65	300m:	3:44.42	38.00	400m:	4:59.56	36.91	
10.			09					5:00.50	471	1		
50m:	32.96	32.96	150m:	1:47.92	37.59	250m:	3:05.38	39.00	350m:	4:23.33	38.81	
100m:	1:10.33	37.37	200m:	2:26.38	38.46	300m:	3:44.52	39.14	400m:	5:00.50	37.17	
11.			08			"	"	5:02.60	461	2		
50m:	31.64	31.64	150m:	1:45.67	37.82	250m:	3:03.37	38.65	350m:	4:22.94	39.72	
100m:	1:07.85	36.21	200m:	2:24.72	39.05	300m:	3:43.22	39.85	400m:	5:02.60	39.66	
12.			08			"	"	5:03.02	460	2		
50m:	32.19	32.19	150m:	1:47.16	38.15	250m:	3:05.51	39.36	350m:	4:25.26	39.75	
100m:	1:09.01	36.82	200m:	2:26.15	38.99	300m:	3:45.51	40.00	400m:	5:03.02	37.76	
13.			09					5:06.69	443	2		
50m:	32.27	32.27	150m:	1:48.06	38.44	250m:	3:06.98	39.13	350m:	4:26.60	40.56	
100m:	1:09.62	37.35	200m:	2:27.85	39.79	300m:	3:46.04	39.06	400m:	5:06.69	40.09	
14.			09					5:06.76	443	2		
50m:	34.37	34.37	150m:	1:51.49	38.87	250m:	3:09.37	38.93	350m:	4:28.02	39.39	
100m:	1:12.62	38.25	200m:	2:30.44	38.95	300m:	3:48.63	39.26	400m:	5:06.76	38.74	
15.			09			"	"	5:07.77	439	2		
50m:	33.97	33.97	150m:	1:49.57	38.43	250m:	3:08.68	40.09	350m:	4:29.25	40.07	
100m:	1:11.14	37.17	200m:	2:28.59	39.02	300m:	3:49.18	40.50	400m:	5:07.77	38.52	
16.			08					5:08.32	436	2		
50m:	33.75	33.75	150m:	1:50.94	38.95	250m:	3:10.59	39.75	350m:	4:29.82	40.16	
100m:	1:11.99	38.24	200m:	2:30.84	39.90	300m:	3:49.66	39.07	400m:	5:08.32	38.50	
17.			08			"	"	5:08.40	436	2		
50m:	33.83	33.83	150m:	1:51.35	39.55	250m:	3:10.64	39.31	350m:	4:29.83	39.38	
100m:	1:11.80	37.97	200m:	2:31.33	39.98	300m:	3:50.45	39.81	400m:	5:08.40	38.57	
18.			09			"	"	5:10.10	429	2		
50m:	32.13	32.13	150m:	1:47.83	39.16	250m:	3:08.93	40.88	350m:	4:31.58	41.56	
100m:	1:08.67	36.54	200m:	2:28.05	40.22	300m:	3:50.02	41.09	400m:	5:10.10	38.52	



minsk, 22. - 24.3.2023



1,	, 400m	,	2008 - 2009									
19.				09					5:10.60	427	2	
	50m: 33.01	33.01	150m: 1:48.58	38.25	250m: 3:07.47	39.42	350m: 4:28.19	40.94				
	100m: 1:10.33	37.32	200m: 2:28.05	39.47	300m: 3:47.25	39.78	400m: 5:10.60	42.41				
20.				09	"	"			5:12.62	418	2	
	50m: 33.95	33.95	150m: 1:53.06	40.41	250m: 3:13.92	40.47	350m: 4:34.92	39.93				
	100m: 1:12.65	38.70	200m: 2:33.45	40.39	300m: 3:54.99	41.07	400m: 5:12.62	37.70				
21.				09	"	"			5:15.41	407	2	
	50m: 33.50	33.50	150m: 1:51.22	39.89	250m: 3:12.62	40.88	350m: 4:35.03	41.49				
	100m: 1:11.33	37.83	200m: 2:31.74	40.52	300m: 3:53.54	40.92	400m: 5:15.41	40.38				
22.				08	"	"			5:16.07	405	2	
	50m: 32.79	32.79	150m: 1:51.58	40.31	250m: 3:14.91	41.82	350m: 4:37.22	40.37				
	100m: 1:11.27	38.48	200m: 2:33.09	41.51	300m: 3:56.85	41.94	400m: 5:16.07	38.85				
23.				09					5:16.32	404	2	
	50m: 33.22	33.22	150m: 1:52.20	40.78	250m: 3:16.12	42.39	350m: 4:38.77	41.17				
	100m: 1:11.42	38.20	200m: 2:33.73	41.53	300m: 3:57.60	41.48	400m: 5:16.32	37.55				
24.				08	"	"			5:18.53	396	2	
	50m: 34.88	34.88	150m: 1:54.73	40.60	250m: 3:16.80	41.23	350m: 4:40.38	41.82				
	100m: 1:14.13	39.25	200m: 2:35.57	40.84	300m: 3:58.56	41.76	400m: 5:18.53	38.15				
25.				09	"	"			5:20.41	389	2	
	50m: 11.41	11.41	150m: 1:15.65	39.87	250m: 2:37.20	40.66	350m: 4:39.78	1:22.53				
	100m: 35.78	24.37	200m: 1:56.54	40.89	300m: 3:17.25	40.05	400m: 5:20.41	40.63				
26.				09					5:22.28	382	2	
	50m: 35.62	35.62	150m: 1:55.36	40.42	250m: 3:18.39	41.83	350m: 4:42.18	41.95				
	100m: 1:14.94	39.32	200m: 2:36.56	41.20	300m: 4:00.23	41.84	400m: 5:22.28	40.10				
27.				09	"	"			5:24.00	376	2	
	50m: 34.85	34.85	150m: 1:57.96	42.94	250m: 3:21.78	41.84	350m: 4:46.57	42.14				
	100m: 1:15.02	40.17	200m: 2:39.94	41.98	300m: 4:04.43	42.65	400m: 5:24.00	37.43				
28.				08	Swimmer School				5:24.01	376	2	
	50m: 34.50	34.50	150m: 1:56.36	41.70	250m: 3:21.50	42.36	350m: 4:45.41	41.56				
	100m: 1:14.66	40.16	200m: 2:39.14	42.78	300m: 4:03.85	42.35	400m: 5:24.01	38.60				
29.				09	"	"			5:24.46	374	2	
	50m: 35.70	35.70	150m: 1:57.50	41.31	250m: 3:21.42	42.27	350m: 4:44.83	41.52				
	100m: 1:16.19	40.49	200m: 2:39.15	41.65	300m: 4:03.31	41.89	400m: 5:24.46	39.63				
30.				09	"	"			5:24.51	374	2	
	50m: 35.81	35.81	150m: 1:57.95	40.80	250m: 3:21.23	41.63	350m: 4:44.41	40.72				
	100m: 1:17.15	41.34	200m: 2:39.60	41.65	300m: 4:03.69	42.46	400m: 5:24.51	40.10				
31.				08	"	"			5:25.94	369	2	
	50m: 35.17	35.17	150m: 1:57.62	42.68	250m: 3:22.68	42.60	350m: 4:45.45	41.53				
	100m: 1:14.94	39.77	200m: 2:40.08	42.46	300m: 4:03.92	41.24	400m: 5:25.94	40.49				
32.				09					5:27.40	364	2	
	50m: 35.44	35.44	150m: 1:59.26	42.52	250m: 3:24.74	43.32	350m: 4:49.41	42.52				
	100m: 1:16.74	41.30	200m: 2:41.42	42.16	300m: 4:06.89	42.15	400m: 5:27.40	37.99				
33.				09					5:29.96	356	2	
	50m: 36.37	36.37	150m: 1:59.15	41.95	250m: 3:25.40	43.17	350m: 4:49.43	42.36				
	100m: 1:17.20	40.83	200m: 2:42.23	43.08	300m: 4:07.07	41.67	400m: 5:29.96	40.53				
34.				09	"	"			5:31.27	352	2	
	50m: 36.99	36.99	150m: 1:58.37	41.40	250m: 3:22.54	42.53	350m: 4:48.97	43.24				
	100m: 1:16.97	39.98	200m: 2:40.01	41.64	300m: 4:05.73	43.19	400m: 5:31.27	42.30				



minsk, 22. - 24.3.2023

1,	, 400m	,	2008 - 2009									
35.			09					5:34.96	340	2		
50m:	35.51	35.51	150m:	1:59.09	42.45	250m:	3:25.55	43.46	350m:	4:52.27	43.56	
100m:	1:16.64	41.13	200m:	2:42.09	43.00	300m:	4:08.71	43.16	400m:	5:34.96	42.69	
36.			09					5:35.25	339	2		
50m:	38.50	38.50	150m:	2:02.69	42.73	250m:	3:28.54	42.69	350m:	4:53.88	42.45	
100m:	1:19.96	41.46	200m:	2:45.85	43.16	300m:	4:11.43	42.89	400m:	5:35.25	41.37	
37.			09			"	"	5:37.18	333	2		
50m:	36.18	36.18	150m:	2:01.57	43.84	250m:	3:28.14	43.17	350m:	4:54.70	43.13	
100m:	1:17.73	41.55	200m:	2:44.97	43.40	300m:	4:11.57	43.43	400m:	5:37.18	42.48	
38.			09					5:38.61	329	2		
50m:	37.60	37.60	150m:	2:03.36	42.73	250m:	3:31.57	43.70	350m:	4:58.57	43.55	
100m:	1:20.63	43.03	200m:	2:47.87	44.51	300m:	4:15.02	43.45	400m:	5:38.61	40.04	
39.			09			"	"	5:46.63	307	3		
50m:	37.66	37.66	150m:	2:04.57	44.54	250m:	3:32.86	43.85	350m:	5:01.27	45.10	
100m:	1:20.03	42.37	200m:	2:49.01	44.44	300m:	4:16.17	43.31	400m:	5:46.63	45.36	
40.			09					5:53.03	290	3		
50m:	37.51	37.51	150m:	2:08.03	46.16	250m:	3:39.58	46.41	350m:	5:09.58	44.93	
100m:	1:21.87	44.36	200m:	2:53.17	45.14	300m:	4:24.65	45.07	400m:	5:53.03	43.45	
41.			08			"	"	5:53.28	290	3		
50m:	38.51	38.51	150m:	2:07.12	45.29	250m:	3:37.51	45.50	350m:	5:08.26	45.21	
100m:	1:21.83	43.32	200m:	2:52.01	44.89	300m:	4:23.05	45.54	400m:	5:53.28	45.02	
2007												
1.			07					4:41.00	576	1		
50m:	32.25	32.25	150m:	1:42.79	35.82	250m:	2:55.30	36.43	350m:	4:06.87	35.24	
100m:	1:06.97	34.72	200m:	2:18.87	36.08	300m:	3:31.63	36.33	400m:	4:41.00	34.13	
2.			06					4:45.64	549	1		
50m:	29.78	29.78	150m:	1:40.84	36.57	250m:	2:54.24	36.51	350m:	4:08.97	37.71	
100m:	1:04.27	34.49	200m:	2:17.73	36.89	300m:	3:31.26	37.02	400m:	4:45.64	36.67	
3.			07					4:47.06	541	1		
50m:	31.92	31.92	150m:	1:44.08	36.05	250m:	2:58.50	37.40	350m:	4:12.99	37.26	
100m:	1:08.03	36.11	200m:	2:21.10	37.02	300m:	3:35.73	37.23	400m:	4:47.06	34.07	
4.			05					4:50.32	523	1		
50m:	33.10	33.10	150m:	1:47.28	37.53	250m:	3:01.72	36.88	350m:	4:16.03	36.87	
100m:	1:09.75	36.65	200m:	2:24.84	37.56	300m:	3:39.16	37.44	400m:	4:50.32	34.29	
5.			07			"	"	4:52.10	513	1		
50m:	32.12	32.12	150m:	1:45.70	36.98	250m:	3:00.28	37.75	350m:	4:15.63	37.40	
100m:	1:08.72	36.60	200m:	2:22.53	36.83	300m:	3:38.23	37.95	400m:	4:52.10	36.47	
6.			07			"	"	5:00.05	473	1		
50m:	32.76	32.76	150m:	1:48.35	38.29	250m:	3:04.11	37.80	350m:	4:21.31	38.76	
100m:	1:10.06	37.30	200m:	2:26.31	37.96	300m:	3:42.55	38.44	400m:	5:00.05	38.74	
7.			07			"	"	5:04.90	451	2		
50m:	33.22	33.22	150m:	1:50.40	39.20	250m:	3:08.15	38.86	350m:	4:27.00	39.29	
100m:	1:11.20	37.98	200m:	2:29.29	38.89	300m:	3:47.71	39.56	400m:	5:04.90	37.90	
8.			07			"	"	5:05.78	447	2		
50m:	34.21	34.21	150m:	1:49.38	38.41	250m:	3:07.95	39.33	350m:	4:28.60	40.03	
100m:	1:10.97	36.76	200m:	2:28.62	39.24	300m:	3:48.57	40.62	400m:	5:05.78	37.18	



minsk, 22. - 24.3.2023

1,	, 400m			, 2007								
9.				07					5:08.13	437	2	
	50m:	33.28	33.28	150m:	1:48.51	37.98	250m:	3:07.72	39.73	350m:	4:27.63	39.84
	100m:	1:10.53	37.25	200m:	2:27.99	39.48	300m:	3:47.79	40.07	400m:	5:08.13	40.50
10.				07					5:10.16	428	2	
	50m:	33.65	33.65	150m:	1:52.08	40.08	250m:	3:11.54	39.12	350m:	4:32.16	39.50
	100m:	1:12.00	38.35	200m:	2:32.42	40.34	300m:	3:52.66	41.12	400m:	5:10.16	38.00
11.				07			"	"	5:14.56	411	2	
	50m:	33.25	33.25	150m:	1:49.46	38.79	250m:	3:10.83	41.14	350m:	4:34.25	41.70
	100m:	1:10.67	37.42	200m:	2:29.69	40.23	300m:	3:52.55	41.72	400m:	5:14.56	40.31
12.				06			"	"	5:15.37	408	2	
	50m:	34.09	34.09	150m:	1:51.98	39.77	250m:	3:13.29	40.93	350m:	4:35.99	41.16
	100m:	1:12.21	38.12	200m:	2:32.36	40.38	300m:	3:54.83	41.54	400m:	5:15.37	39.38
13.				07			"	"	5:32.27	348	2	
	50m:	34.93	34.93	150m:	1:56.95	41.67	250m:	3:22.74	43.40	350m:	4:50.17	43.53
	100m:	1:15.28	40.35	200m:	2:39.34	42.39	300m:	4:06.64	43.90	400m:	5:32.27	42.10

2 , 400m

22.03.2023 - 14:24

: 3:59.00 / : 4:16.50 / 1 : 4:36.50 / 2 : 5:12.50 / 3 : 6:02.00

: FINA 2022

2009

1.				09					4:17.78	558	1	
	50m:	29.65	29.65	150m:	1:34.39	32.24	250m:	2:38.17	31.25	350m:	3:44.82	33.70
	100m:	1:02.15	32.50	200m:	2:06.92	32.53	300m:	3:11.12	32.95	400m:	4:17.78	32.96
2.				09					4:21.06	537	1	
	50m:	29.24	29.24	150m:	1:35.49	33.31	250m:	2:42.35	33.47	350m:	3:48.91	33.36
	100m:	1:02.18	32.94	200m:	2:08.88	33.39	300m:	3:15.55	33.20	400m:	4:21.06	32.15
3.				09			"	"	4:22.03	531	1	
	50m:	29.15	29.15	150m:	1:34.88	33.34	250m:	2:42.02	33.63	350m:	3:49.14	33.27
	100m:	1:01.54	32.39	200m:	2:08.39	33.51	300m:	3:15.87	33.85	400m:	4:22.03	32.89
4.				09					4:22.85	526	1	
	50m:	28.75	28.75	150m:	1:35.21	33.45	250m:	2:41.89	32.93	350m:	3:49.93	33.89
	100m:	1:01.76	33.01	200m:	2:08.96	33.75	300m:	3:16.04	34.15	400m:	4:22.85	32.92
5.				09			"	"	4:22.95	525	1	
	50m:	29.66	29.66	150m:	1:34.53	32.48	250m:	2:41.74	33.69	350m:	3:49.69	33.80
	100m:	1:02.05	32.39	200m:	2:08.05	33.52	300m:	3:15.89	34.15	400m:	4:22.95	33.26
6.				09					4:25.16	512	1	
	50m:	30.31	30.31	150m:	1:36.94	33.35	250m:	2:45.78	34.84	350m:	3:53.55	33.60
	100m:	1:03.59	33.28	200m:	2:10.94	34.00	300m:	3:19.95	34.17	400m:	4:25.16	31.61
7.				09			"	"	4:27.28	500	1	
	50m:	30.02	30.02	150m:	1:37.20	34.08	250m:	2:46.82	35.27	350m:	3:54.61	33.70
	100m:	1:03.12	33.10	200m:	2:11.55	34.35	300m:	3:20.91	34.09	400m:	4:27.28	32.67
8.				09					4:28.82	492	1	
	50m:	30.72	30.72	150m:	1:38.76	34.56	250m:	2:47.83	34.43	350m:	3:57.07	34.49
	100m:	1:04.20	33.48	200m:	2:13.40	34.64	300m:	3:22.58	34.75	400m:	4:28.82	31.75



minsk, 22. - 24.3.2023



2,		, 400m		, 2009								
				/								
9.				09				4:31.03	480	1		
	50m:	30.02	30.02	150m:	1:39.16	35.11	250m:	2:48.82	34.76	350m:	3:57.97	34.48
	100m:	1:04.05	34.03	200m:	2:14.06	34.90	300m:	3:23.49	34.67	400m:	4:31.03	33.06
10.				09			" "	4:33.45	467	1		
	50m:	31.45	31.45	150m:	1:40.08	34.90	250m:	2:50.08	35.22	350m:	4:00.13	34.91
	100m:	1:05.18	33.73	200m:	2:14.86	34.78	300m:	3:25.22	35.14	400m:	4:33.45	33.32
11.				09				4:33.47	467	1		
	50m:	30.06	30.06	150m:	1:40.66	35.66	250m:	2:51.64	35.70	350m:	4:02.22	34.91
	100m:	1:05.00	34.94	200m:	2:15.94	35.28	300m:	3:27.31	35.67	400m:	4:33.47	31.25
12.				09				4:35.24	458	1		
	50m:	31.14	31.14	150m:	1:40.85	35.35	250m:	2:51.83	35.60	350m:	4:02.57	35.08
	100m:	1:05.50	34.36	200m:	2:16.23	35.38	300m:	3:27.49	35.66	400m:	4:35.24	32.67
13.				09				4:36.40	452	1		
	50m:	31.29	31.29	150m:	1:41.27	35.19	250m:	2:51.79	35.19	350m:	4:02.53	35.50
	100m:	1:06.08	34.79	200m:	2:16.60	35.33	300m:	3:27.03	35.24	400m:	4:36.40	33.87
14.				09				4:37.99	445	2		
	50m:	30.47	30.47	150m:	1:38.60	35.00	250m:	2:50.31	35.93	350m:	4:03.07	36.11
	100m:	1:03.60	33.13	200m:	2:14.38	35.78	300m:	3:26.96	36.65	400m:	4:37.99	34.92
15.				10				4:38.74	441	2		
	50m:	30.86	30.86	150m:	1:42.81	36.77	250m:	2:56.12	36.44	350m:	4:06.43	34.71
	100m:	1:06.04	35.18	200m:	2:19.68	36.87	300m:	3:31.72	35.60	400m:	4:38.74	32.31
16.				09				4:39.82	436	2		
	50m:	31.19	31.19	150m:	1:41.43	35.36	250m:	2:53.32	36.03	350m:	4:05.82	35.93
	100m:	1:06.07	34.88	200m:	2:17.29	35.86	300m:	3:29.89	36.57	400m:	4:39.82	34.00
17.				09				4:40.13	434	2		
	50m:	31.91	31.91	150m:	1:43.71	36.14	250m:	2:55.80	35.88	350m:	4:06.93	35.49
	100m:	1:07.57	35.66	200m:	2:19.92	36.21	300m:	3:31.44	35.64	400m:	4:40.13	33.20
18.				09				4:40.51	433	2		
	50m:	30.27	30.27	150m:	1:40.88	35.92	250m:	2:54.46	37.20	350m:	4:05.75	34.95
	100m:	1:04.96	34.69	200m:	2:17.26	36.38	300m:	3:30.80	36.34	400m:	4:40.51	34.76
19.				09			" "	4:41.59	428	2		
	50m:	30.70	30.70	150m:	1:40.70	35.82	250m:	2:53.65	36.74	350m:	4:07.09	36.77
	100m:	1:04.88	34.18	200m:	2:16.91	36.21	300m:	3:30.32	36.67	400m:	4:41.59	34.50
20.				09			" "	4:42.97	422	2		
	50m:	31.51	31.51	150m:	1:43.26	36.07	250m:	2:56.12	36.30	350m:	4:07.86	35.42
	100m:	1:07.19	35.68	200m:	2:19.82	36.56	300m:	3:32.44	36.32	400m:	4:42.97	35.11
21.				09				4:44.34	415	2		
	50m:	31.30	31.30	150m:	1:43.20	36.59	250m:	2:56.10	36.28	350m:	4:09.35	35.94
	100m:	1:06.61	35.31	200m:	2:19.82	36.62	300m:	3:33.41	37.31	400m:	4:44.34	34.99
22.				09			" "	4:44.48	415	2		
	50m:	30.28	30.28	150m:	1:42.01	36.45	250m:	2:55.28	36.59	350m:	4:09.38	36.54
	100m:	1:05.56	35.28	200m:	2:18.69	36.68	300m:	3:32.84	37.56	400m:	4:44.48	35.10
23.				10				4:45.18	412	2		
	50m:	31.83	31.83	150m:	1:43.47	36.17	250m:	2:56.80	37.08	350m:	4:10.60	36.34
	100m:	1:07.30	35.47	200m:	2:19.72	36.25	300m:	3:34.26	37.46	400m:	4:45.18	34.58
24.				09			" "	4:46.85	405	2		
	50m:	31.31	31.31	150m:	1:45.09	37.37	250m:	2:59.50	37.33	350m:	4:13.81	36.62
	100m:	1:07.72	36.41	200m:	2:22.17	37.08	300m:	3:37.19	37.69	400m:	4:46.85	33.04



minsk, 22. - 24.3.2023



2,	, 400m	, 2009	/	09	"	"	4:47.00	404	2
25.	50m: 31.44 31.44	150m: 1:44.75 37.18	250m: 2:58.03 35.68	350m: 4:11.60 36.76	100m: 1:07.57 36.13	200m: 2:22.35 37.60	300m: 3:34.84 36.81	400m: 4:47.00 35.40	
26.	50m: 31.38 31.38	150m: 1:45.28 37.27	250m: 3:00.28 37.66	350m: 4:14.25 36.34	100m: 1:08.01 36.63	200m: 2:22.62 37.34	300m: 3:37.91 37.63	400m: 4:48.68 34.43	
27.	50m: 32.06 32.06	150m: 1:45.53 37.41	250m: 2:59.80 36.71	350m: 4:12.66 36.28	100m: 1:08.12 36.06	200m: 2:23.09 37.56	300m: 3:36.38 36.58	400m: 4:49.07 36.41	
28.	50m: 32.53 32.53	150m: 1:45.91 37.02	250m: 2:59.73 36.72	350m: 4:14.16 37.37	100m: 1:08.89 36.36	200m: 2:23.01 37.10	300m: 3:36.79 37.06	400m: 4:49.26 35.10	
29.	50m: 31.63 31.63	150m: 1:44.13 36.86	250m: 2:58.66 37.32	350m: 4:13.54 37.47	100m: 1:07.27 35.64	200m: 2:21.34 37.21	300m: 3:36.07 37.41	400m: 4:49.41 35.87	
30.	50m: 32.68 32.68	150m: 1:46.66 36.90	250m: 3:01.38 37.21	350m: 4:15.64 36.97	100m: 1:09.76 37.08	200m: 2:24.17 37.51	300m: 3:38.67 37.29	400m: 4:51.14 35.50	
31.	50m: 31.50 31.50	150m: 1:44.68 37.44	250m: 3:00.63 37.48	350m: 4:16.41 37.98	100m: 1:07.24 35.74	200m: 2:23.15 38.47	300m: 3:38.43 37.80	400m: 4:51.60 35.19	
32.	50m: 32.32 32.32	150m: 1:47.24 38.16	250m: 3:02.78 36.89	350m: 4:18.43 37.65	100m: 1:09.08 36.76	200m: 2:25.89 38.65	300m: 3:40.78 38.00	400m: 4:52.35 33.92	
33.	50m: 31.95 31.95	150m: 1:46.76 37.93	250m: 3:01.53 37.45	350m: 4:16.93 37.60	100m: 1:08.83 36.88	200m: 2:24.08 37.32	300m: 3:39.33 37.80	400m: 4:52.74 35.81	
34.	50m: 31.14 31.14	150m: 1:45.66 36.90	250m: 3:00.32 37.08	350m: 4:16.51 38.30	100m: 1:08.76	200m: 2:23.24 37.58	300m: 3:38.21 37.89	400m: 4:53.53 37.02	
35.	50m: 32.09 32.09	150m: 1:48.17 38.68	250m: 3:03.44 37.66	350m: 4:18.70 37.76	100m: 1:09.49 37.40	200m: 2:25.78 37.61	300m: 3:40.94 37.50	400m: 4:53.94 35.24	
36.	50m: 34.17 34.17	150m: 1:48.28 36.97	250m: 3:05.15 38.38	350m: 4:20.19 36.26	100m: 1:11.31 37.14	200m: 2:26.77 38.49	300m: 3:43.93 38.78	400m: 4:54.56 34.37	
37.	50m: 31.14 31.14	150m: 1:43.93 37.19	250m: 2:58.89 37.47	350m: 4:16.17 38.90	100m: 1:06.74 35.60	200m: 2:21.42 37.49	300m: 3:37.27 38.38	400m: 4:54.74 38.57	
38.	50m: 32.25 32.25	150m: 1:49.07 38.63	250m: 3:03.76 37.50	350m: 4:20.12 38.60	100m: 1:10.44 38.19	200m: 2:26.26 37.19	300m: 3:41.52 37.76	400m: 4:56.49 36.37	
39.	50m: 33.22 33.22	150m: 1:46.85 36.95	250m: 3:04.56 39.20	350m: 4:20.62 37.19	100m: 1:09.90 36.68	200m: 2:25.36 38.51	300m: 3:43.43 38.87	400m: 4:57.11 36.49	
40.	50m: 33.09 33.09	150m: 1:49.16 38.64	250m: 3:06.54 38.68	350m: 4:22.29 36.62	100m: 1:10.52 37.43	200m: 2:27.86 38.70	300m: 3:45.67 39.13	400m: 4:58.07 35.78	



minsk, 22. - 24.3.2023



2,	, 400m	, 2009	/										
41.			09						4:59.45	356	2		
	50m: 31.70	31.70	150m: 1:46.40	38.61	250m: 3:05.49	39.68	350m: 4:22.85	38.12					
	100m: 1:07.79	36.09	200m: 2:25.81	39.41	300m: 3:44.73	39.24	400m: 4:59.45	36.60					
42.			09	"	"				4:59.47	356	2		
	50m: 32.57	32.57	150m: 1:47.71	38.29	250m: 3:04.74	38.23	350m: 4:21.66	38.65					
	100m: 1:09.42	36.85	200m: 2:26.51	38.80	300m: 3:43.01	38.27	400m: 4:59.47	37.81					
43.			09						4:59.74	355	2		
	50m: 33.97	33.97	150m: 1:50.83	38.60	250m: 3:07.41	38.84	350m: 4:22.90	37.61					
	100m: 1:12.23	38.26	200m: 2:28.57	37.74	300m: 3:45.29	37.88	400m: 4:59.74	36.84					
44.			09	"	"				5:00.30	353	2		
	50m: 33.50	33.50	150m: 1:49.93	38.52	250m: 3:06.94	38.16	350m: 4:24.26	38.18					
	100m: 1:11.41	37.91	200m: 2:28.78	38.85	300m: 3:46.08	39.14	400m: 5:00.30	36.04					
45.			09	"	"				5:00.60	352	2		
	50m: 31.29	31.29	150m: 1:43.44	37.25	250m: 3:02.52	39.36	350m: 4:23.78	40.57					
	100m: 1:06.19	34.90	200m: 2:23.16	39.72	300m: 3:43.21	40.69	400m: 5:00.60	36.82					
46.			09						5:00.98	350	2		
	50m: 31.79	31.79	150m: 1:45.32	37.44	250m: 3:03.83	39.99	350m: 4:23.28	39.66					
	100m: 1:07.88	36.09	200m: 2:23.84	38.52	300m: 3:43.62	39.79	400m: 5:00.98	37.70					
47.			10	"	"				5:01.03	350	2		
	50m: 32.25	32.25	150m: 1:47.63	38.42	250m: 3:05.89	39.46	350m: 4:23.41	39.01					
	100m: 1:09.21	36.96	200m: 2:26.43	38.80	300m: 3:44.40	38.51	400m: 5:01.03	37.62					
48.			09						5:01.38	349	2		
	50m: 33.43	33.43	150m: 1:49.10	38.59	250m: 3:06.30	38.63	350m: 4:24.40	38.83					
	100m: 1:10.51	37.08	200m: 2:27.67	38.57	300m: 3:45.57	39.27	400m: 5:01.38	36.98					
49.			10	"	"				5:01.72	348	2		
	50m: 32.57	32.57	150m: 1:47.23	37.97	250m: 3:04.63	39.15	350m: 4:23.78	39.97					
	100m: 1:09.26	36.69	200m: 2:25.48	38.25	300m: 3:43.81	39.18	400m: 5:01.72	37.94					
50.			10	"	"				5:01.98	347	2		
	50m: 33.84	33.84	150m: 1:49.48	38.47	250m: 3:06.25	37.98	350m: 4:24.74	39.33					
	100m: 1:11.01	37.17	200m: 2:28.27	38.79	300m: 3:45.41	39.16	400m: 5:01.98	37.24					
51.			09	"	"				5:02.31	346	2		
	50m: 32.19	32.19	150m: 1:47.67	39.08	250m: 3:06.79	39.37	350m: 4:25.64	39.20					
	100m: 1:08.59	36.40	200m: 2:27.42	39.75	300m: 3:46.44	39.65	400m: 5:02.31	36.67					
52.			10	"	"				5:02.71	344	2		
	50m: 32.67	32.67	150m: 1:48.92	38.94	250m: 3:07.28	39.27	350m: 4:25.01	38.37					
	100m: 1:09.98	37.31	200m: 2:28.01	39.09	300m: 3:46.64	39.36	400m: 5:02.71	37.70					
53.			10						5:02.92	344	2		
	50m: 32.94	32.94	150m: 1:49.90	39.54	250m: 3:07.60	38.84	350m: 4:26.21	38.97					
	100m: 1:10.36	37.42	200m: 2:28.76	38.86	300m: 3:47.24	39.64	400m: 5:02.92	36.71					
54.			11	"	"				5:04.31	339	2		
	50m: 32.11	32.11	150m: 1:48.06	38.83	250m: 3:08.10	40.19	350m: 4:28.45	40.17					
	100m: 1:09.23	37.12	200m: 2:27.91	39.85	300m: 3:48.28	40.18	400m: 5:04.31	35.86					
55.			09	"	"				5:04.68	338	2		
	50m: 32.65	32.65	150m: 1:50.24	39.90	250m: 3:08.75	39.01	350m: 4:28.15	39.48					
	100m: 1:10.34	37.69	200m: 2:29.74	39.50	300m: 3:48.67	39.92	400m: 5:04.68	36.53					
56.			10	"	"				5:04.71	337	2		
	50m: 31.63	31.63	150m: 1:47.31	38.84	250m: 3:05.42	39.12	350m: 4:25.38	39.96					
	100m: 1:08.47	36.84	200m: 2:26.30	38.99	300m: 3:45.42	40.00	400m: 5:04.71	39.33					



minsk, 22. - 24.3.2023

2,	, 400m	, 2009	/										
57.			10						5:04.83	337	2		
	50m: 32.78	32.78	150m: 1:50.43	39.06	250m: 3:08.34	38.84	350m: 4:27.79	40.07					
	100m: 1:11.37	38.59	200m: 2:29.50	39.07	300m: 3:47.72	39.38	400m: 5:04.83	37.04					
58.			09						5:05.03	336	2		
	50m: 33.18	33.18	150m: 1:48.06	38.49	250m: 3:06.77	39.61	350m: 4:26.10	39.62					
	100m: 1:09.57	36.39	200m: 2:27.16	39.10	300m: 3:46.48	39.71	400m: 5:05.03	38.93					
59.			10						5:06.03	333	2		
	50m: 34.37	34.37	150m: 1:50.00	37.88	250m: 3:08.85	39.72	350m: 3:48.72	20.89					
	100m: 1:12.12	37.75	200m: 2:29.13	39.13	300m: 3:27.83	18.98	400m: 5:06.03	1:17.31					
60.			09						5:06.45	332	2		
	50m: 33.14	33.14	150m: 1:49.40	38.70	250m: 3:09.35	39.93	350m: 4:29.47	40.10					
	100m: 1:10.70	37.56	200m: 2:29.42	40.02	300m: 3:49.37	40.02	400m: 5:06.45	36.98					
61.			09	"	"				5:07.33	329	2		
	50m: 33.59	33.59	150m: 1:52.21	39.76	250m: 3:12.19	40.24	350m: 4:30.39	38.39					
	100m: 1:12.45	38.86	200m: 2:31.95	39.74	300m: 3:52.00	39.81	400m: 5:07.33	36.94					
62.			10						5:07.45	329	2		
	50m: 33.69	33.69	150m: 1:50.34	38.13	250m: 3:09.17	39.29	350m: 4:29.06	40.01					
	100m: 1:12.21	38.52	200m: 2:29.88	39.54	300m: 3:49.05	39.88	400m: 5:07.45	38.39					
63.			09						5:07.65	328	2		
	50m: 34.92	34.92	150m: 1:53.62	40.08	250m: 3:12.53	39.38	350m: 4:30.04	38.58					
	100m: 1:13.54	38.62	200m: 2:33.15	39.53	300m: 3:51.46	38.93	400m: 5:07.65	37.61					
64.			09						5:07.90	327	2		
	50m: 33.62	33.62	150m: 1:51.15	39.42	250m: 3:10.91	39.98	350m: 4:30.07	39.63					
	100m: 1:11.73	38.11	200m: 2:30.93	39.78	300m: 3:50.44	39.53	400m: 5:07.90	37.83					
65.			10	"	"				5:08.08	327	2		
	50m: 33.53	33.53	150m: 1:49.45	38.14	250m: 3:08.28	39.86	350m: 4:28.92	40.23					
	100m: 1:11.31	37.78	200m: 2:28.42	38.97	300m: 3:48.69	40.41	400m: 5:08.08	39.16					
66.			10	"	"				5:08.21	326	2		
	50m: 33.70	33.70	150m: 1:50.67	39.18	250m: 3:10.15	40.25	350m: 4:30.31	39.75					
	100m: 1:11.49	37.79	200m: 2:29.90	39.23	300m: 3:50.56	40.41	400m: 5:08.21	37.90					
			10	"	"				5:08.21	326	2		
	50m: 33.06	33.06	150m: 1:50.41	39.44	250m: 3:10.51	39.57	350m: 4:31.07	39.60					
	100m: 1:10.97	37.91	200m: 2:30.94	40.53	300m: 3:51.47	40.96	400m: 5:08.21	37.14					
68.			09	"	"				5:09.09	323	2		
	50m: 32.98	32.98	150m: 1:50.38	39.73	250m: 3:10.78	40.32	350m: 4:32.32	41.03					
	100m: 1:10.65	37.67	200m: 2:30.46	40.08	300m: 3:51.29	40.51	400m: 5:09.09	36.77					
69.			09	"	"				5:09.11	323	2		
	50m: 35.20	35.20	150m: 1:55.40	40.39	250m: 3:13.62	38.68	350m: 4:28.57	36.14					
	100m: 1:15.01	39.81	200m: 2:34.94	39.54	300m: 3:52.43	38.81	400m: 5:09.11	40.54					
70.			09	"	"				5:09.88	321	2		
	50m: 32.96	32.96	150m: 1:50.57	39.69	250m: 3:09.01	39.15	350m: 4:28.98	41.05					
	100m: 1:10.88	37.92	200m: 2:29.86	39.29	300m: 3:47.93	38.92	400m: 5:09.88	40.90					
71.			10						5:10.65	318	2		
	50m: 32.90	32.90	150m: 1:51.70	39.83	250m: 3:05.21	32.81	350m: 4:32.24	39.93					
	100m: 1:11.87	38.97	200m: 2:32.40	40.70	300m: 3:52.31	47.10	400m: 5:10.65	38.41					
72.			09	"	"				5:10.90	318	2		
	50m: 33.67	33.67	150m: 1:51.97	39.95	250m: 3:12.63	40.70	350m: 4:33.29	40.63					
	100m: 1:12.02	38.35	200m: 2:31.93	39.96	300m: 3:52.66	40.03	400m: 5:10.90	37.61					



minsk, 22. - 24.3.2023



2,	, 400m	, 2009	/										
73.			09	"	"				5:11.04	317	2		
	50m: 33.30	33.30	150m: 1:51.01	39.47	250m: 3:11.94	41.07	350m: 4:33.32	40.76					
	100m: 1:11.54	38.24	200m: 2:30.87	39.86	300m: 3:52.56	40.62	400m: 5:11.04	37.72					
74.			10						5:11.29	316	2		
	50m: 32.90	32.90	150m: 1:50.30	39.41	250m: 3:11.01	40.51	350m: 4:32.48	40.57					
	100m: 1:10.89	37.99	200m: 2:30.50	40.20	300m: 3:51.91	40.90	400m: 5:11.29	38.81					
75.			10	"	"				5:12.45	313	2		
	50m: 33.07	33.07	150m: 1:50.69	40.04	250m: 3:11.04	39.98	350m: 4:33.59	41.28					
	100m: 1:10.65	37.58	200m: 2:31.06	40.37	300m: 3:52.31	41.27	400m: 5:12.45	38.86					
76.			10						5:12.89	312	3		
	50m: 34.09	34.09	150m: 1:52.01	39.76	250m: 3:13.51	40.96	350m: 4:34.07	40.13					
	100m: 1:12.25	38.16	200m: 2:32.55	40.54	300m: 3:53.94	40.43	400m: 5:12.89	38.82					
77.			09	"	"				5:12.95	311	3		
	50m: 32.66	32.66	150m: 1:50.38	39.35	250m: 3:10.96	40.81	350m: 4:34.31	41.77					
	100m: 1:11.03	38.37	200m: 2:30.15	39.77	300m: 3:52.54	41.58	400m: 5:12.95	38.64					
78.			09	"	"				5:12.99	311	3		
	50m: 35.67	35.67	150m: 1:54.71	39.51	250m: 3:14.85	39.84	350m: 4:34.89	39.60					
	100m: 1:15.20	39.53	200m: 2:35.01	40.30	300m: 3:55.29	40.44	400m: 5:12.99	38.10					
79.			09	"	"				5:13.43	310	3		
	50m: 32.80	32.80	150m: 1:49.21	39.26	250m: 3:10.41	41.00	350m: 4:33.17	41.50					
	100m: 1:09.95	37.15	200m: 2:29.41	40.20	300m: 3:51.67	41.26	400m: 5:13.43	40.26					
80.			10	"	"				5:14.79	306	3		
	50m: 35.01	35.01	150m: 1:53.91	40.48	250m: 3:14.09	40.03	350m: 4:35.04	40.39					
	100m: 1:13.43	38.42	200m: 2:34.06	40.15	300m: 3:54.65	40.56	400m: 5:14.79	39.75					
81.			10	"	"				5:15.04	305	3		
	50m: 35.35	35.35	150m: 1:53.89	39.38	250m: 3:14.11	40.19	350m: 4:34.23	38.90					
	100m: 1:14.51	39.16	200m: 2:33.92	40.03	300m: 3:55.33	41.22	400m: 5:15.04	40.81					
82.			09	"	"				5:15.06	305	3		
	50m: 32.97	32.97	150m: 1:52.46	40.80	250m: 3:16.04	42.10	350m: 4:37.89	41.35					
	100m: 1:11.66	38.69	200m: 2:33.94	41.48	300m: 3:56.54	40.50	400m: 5:15.06	37.17					
83.			09	"	"				5:16.67	301	3		
	50m: 33.34	33.34	150m: 1:51.44	39.97	250m: 3:13.70	41.06	350m: 4:35.93	41.31					
	100m: 1:11.47	38.13	200m: 2:32.64	41.20	300m: 3:54.62	40.92	400m: 5:16.67	40.74					
84.			10	"	"				5:17.09	299	3		
	50m: 34.99	34.99	150m: 1:54.43	40.65	250m: 3:15.82	40.65	350m: 4:37.95	40.72					
	100m: 1:13.78	38.79	200m: 2:35.17	40.74	300m: 3:57.23	41.41	400m: 5:17.09	39.14					
85.			10	"	"				5:17.67	298	3		
	50m: 34.03	34.03	150m: 1:53.32	40.34	250m: 3:14.80	41.59	350m: 4:37.17	40.93					
	100m: 1:12.98	38.95	200m: 2:33.21	39.89	300m: 3:56.24	41.44	400m: 5:17.67	40.50					
86.			10	"	"				5:18.78	295	3		
	50m: 35.10	35.10	150m: 1:54.88	41.10	250m: 3:16.59	40.82	350m: 4:39.95	41.83					
	100m: 1:13.78	38.68	200m: 2:35.77	40.89	300m: 3:58.12	41.53	400m: 5:18.78	38.83					
87.			10	"	"				5:20.27	291	3		
	50m: 34.71	34.71	150m: 1:53.62	39.74	250m: 3:16.40	42.20	350m: 4:40.07	41.44					
	100m: 1:13.88	39.17	200m: 2:34.20	40.58	300m: 3:58.63	42.23	400m: 5:20.27	40.20					
88.			10	"	"				5:20.37	290	3		
	50m: 35.38	35.38	150m: 1:55.43	40.70	250m: 3:17.02	41.65	350m: 4:40.56	41.51					
	100m: 1:14.73	39.35	200m: 2:35.37	39.94	300m: 3:59.05	42.03	400m: 5:20.37	39.81					



minsk, 22. - 24.3.2023



2,	, 400m	, 2009	/										
89.			11	"	"			5:20.45	290	3			
	50m: 34.83	34.83	150m: 1:54.67	39.58	250m: 3:18.42	41.42	350m: 4:43.45	43.46					
	100m: 1:15.09	40.26	200m: 2:37.00	42.33	300m: 3:59.99	41.57	400m: 5:20.45	37.00					
90.			10	"	"			5:21.03	289	3			
	50m: 35.09	35.09	150m: 1:55.51	40.99	250m: 3:18.00	41.01	350m: 4:41.90	42.03					
	100m: 1:14.52	39.43	200m: 2:36.99	41.48	300m: 3:59.87	41.87	400m: 5:21.03	39.13					
91.			11	"	"			5:21.26	288	3			
	50m: 33.74	33.74	150m: 1:54.31	41.27	250m: 3:17.35	41.51	350m: 4:41.36	41.94					
	100m: 1:13.04	39.30	200m: 2:35.84	41.53	300m: 3:59.42	42.07	400m: 5:21.26	39.90					
92.			10	"	"			5:21.34	288	3			
	50m: 33.27	33.27	150m: 1:52.17	40.75	250m: 3:15.61	42.14	350m: 4:40.92	42.66					
	100m: 1:11.42	38.15	200m: 2:33.47	41.30	300m: 3:58.26	42.65	400m: 5:21.34	40.42					
93.			09					5:23.99	281	3			
	50m: 35.82	35.82	150m: 1:57.93	41.56	250m: 3:22.18	42.13	350m: 4:44.33	40.84					
	100m: 1:16.37	40.55	200m: 2:40.05	42.12	300m: 4:03.49	41.31	400m: 5:23.99	39.66					
94.			11	"	"			5:24.14	280	3			
	50m: 35.81	35.81	150m: 1:56.95	40.60	250m: 3:19.85	41.25	350m: 4:43.41	41.46					
	100m: 1:16.35	40.54	200m: 2:38.60	41.65	300m: 4:01.95	42.10	400m: 5:24.14	40.73					
95.			10	"	"			5:24.58	279	3			
	50m: 34.89	34.89	150m: 1:57.06	41.34	250m: 3:21.84	42.86	350m: 4:46.82	42.17					
	100m: 1:15.72	40.83	200m: 2:38.98	41.92	300m: 4:04.65	42.81	400m: 5:24.58	37.76					
96.			09					5:24.93	278	3			
	50m: 35.25	35.25	150m: 1:56.86	41.95	250m: 3:20.42	41.87	350m: 4:43.91	41.30					
	100m: 1:14.91	39.66	200m: 2:38.55	41.69	300m: 4:02.61	42.19	400m: 5:24.93	41.02					
97.			10					5:26.04	275	3			
	50m: 35.79	35.79	150m: 1:58.12	41.63	250m: 3:22.54	42.89	350m: 4:46.50	40.82					
	100m: 1:16.49	40.70	200m: 2:39.65	41.53	300m: 4:05.68	43.14	400m: 5:26.04	39.54					
98.			09	"	"			5:26.09	275	3			
	50m: 35.66	35.66	150m: 1:57.99	41.81	250m: 3:21.58	41.90	350m: 4:46.14	42.51					
	100m: 1:16.18	40.52	200m: 2:39.68	41.69	300m: 4:03.63	42.05	400m: 5:26.09	39.95					
99.			12					5:26.73	274	3			
	50m: 34.09	34.09	150m: 1:55.47	41.80	250m: 3:20.30	41.95	350m: 4:45.19	42.43					
	100m: 1:13.67	39.58	200m: 2:38.35	42.88	300m: 4:02.76	42.46	400m: 5:26.73	41.54					
100.			10	"	"			5:26.74	274	3			
	50m: 35.81	35.81	150m: 1:56.74	41.30	250m: 3:20.94	41.68	350m: 4:45.75	41.89					
	100m: 1:15.44	39.63	200m: 2:39.26	42.52	300m: 4:03.86	42.92	400m: 5:26.74	40.99					
101.			11					5:27.20	272	3			
	50m: 35.38	35.38	150m: 1:58.18	42.23	250m: 3:24.66	43.22	350m: 4:49.99	43.06					
	100m: 1:15.95	40.57	200m: 2:41.44	43.26	300m: 4:06.93	42.27	400m: 5:27.20	37.21					
102.			09					5:27.82	271	3			
	50m: 36.16	36.16	150m: 2:00.16	42.19	250m: 3:25.79	42.60	350m: 4:48.80	40.08					
	100m: 1:17.97	41.81	200m: 2:43.19	43.03	300m: 4:08.72	42.93	400m: 5:27.82	39.02					
103.			10	"	"			5:28.05	270	3			
	50m: 33.86	33.86	150m: 1:52.85	40.18	250m: 3:16.17	41.82	350m: 4:41.32	42.17					
	100m: 1:12.67	38.81	200m: 2:34.35	41.50	300m: 3:59.15	42.98	400m: 5:28.05	46.73					
104.			09	"	"			5:28.40	269	3			
	50m: 36.60	36.60	150m: 2:00.21	42.26	250m: 3:24.78	41.86	350m: 4:48.66	42.03					
	100m: 1:17.95	41.35	200m: 2:42.92	42.71	300m: 4:06.63	41.85	400m: 5:28.40	39.74					



minsk, 22. - 24.3.2023

2,	, 400m			, 2009							
/											
105.				10				5:29.10	268	3	
50m:	36.61	36.61	150m:	1:58.10	41.32	250m:	3:22.23	42.44	350m:	4:47.51	42.65
100m:	1:16.78	40.17	200m:	2:39.79	41.69	300m:	4:04.86	42.63	400m:	5:29.10	41.59
106.				09				5:29.22	267	3	
50m:	35.22	35.22	150m:	2:00.09	43.19	250m:	3:25.20	42.67	350m:	4:50.24	42.36
100m:	1:16.90	41.68	200m:	2:42.53	42.44	300m:	4:07.88	42.68	400m:	5:29.22	38.98
107.				10				" "	5:30.89	263	3
50m:	36.01	36.01	150m:	2:00.04	43.31	250m:	3:26.60	43.34	350m:	4:52.50	42.84
100m:	1:16.73	40.72	200m:	2:43.26	43.22	300m:	4:09.66	43.06	400m:	5:30.89	38.39
108.				10				" "	5:31.12	263	3
50m:	32.59	32.59	150m:	1:54.05	41.60	250m:	3:21.38	44.60	350m:	4:50.62	44.48
100m:	1:12.45	39.86	200m:	2:36.78	42.73	300m:	4:06.14	44.76	400m:	5:31.12	40.50
109.				10				" "	5:31.53	262	3
50m:	36.25	36.25	150m:	2:00.27	42.61	250m:	3:24.88	42.42	350m:	4:49.76	42.09
100m:	1:17.66	41.41	200m:	2:42.46	42.19	300m:	4:07.67	42.79	400m:	5:31.53	41.77
110.				09					5:31.80	261	3
50m:	34.57	34.57	150m:	1:56.61	42.02	250m:	3:23.81	43.59	350m:	4:51.39	43.86
100m:	1:14.59	40.02	200m:	2:40.22	43.61	300m:	4:07.53	43.72	400m:	5:31.80	40.41
111.				10					5:31.96	261	3
50m:	36.98	36.98	150m:	2:00.25	41.98	250m:	3:25.10	42.81	350m:	4:50.97	42.71
100m:	1:18.27	41.29	200m:	2:42.29	42.04	300m:	4:08.26	43.16	400m:	5:31.96	40.99
112.				10				" "	5:32.37	260	3
50m:	35.61	35.61	150m:	1:58.97	42.63	250m:	3:24.34	42.73	350m:	4:50.04	42.13
100m:	1:16.34	40.73	200m:	2:41.61	42.64	300m:	4:07.91	43.57	400m:	5:32.37	42.33
113.				10				" "	5:32.59	259	3
50m:	37.97	37.97	150m:	2:04.10	43.04	250m:	3:30.60	43.00	350m:	4:54.45	41.42
100m:	1:21.06	43.09	200m:	2:47.60	43.50	300m:	4:13.03	42.43	400m:	5:32.59	38.14
114.				10				" "	5:32.71	259	3
50m:	36.46	36.46	150m:	2:01.41	43.02	250m:	3:27.76	42.96	350m:	4:53.27	42.77
100m:	1:18.39	41.93	200m:	2:44.80	43.39	300m:	4:10.50	42.74	400m:	5:32.71	39.44
115.				11					5:34.74	254	3
50m:	36.59	36.59	150m:	2:00.44	42.98	250m:	3:27.58	43.63	350m:	4:54.87	43.15
100m:	1:17.46	40.87	200m:	2:43.95	43.51	300m:	4:11.72	44.14	400m:	5:34.74	39.87
116.				11					5:35.34	253	3
50m:	36.43	36.43	150m:	2:00.60	42.92	250m:	3:27.71	43.60	350m:	4:55.95	43.79
100m:	1:17.68	41.25	200m:	2:44.11	43.51	300m:	4:12.16	44.45	400m:	5:35.34	39.39
117.				10				" "	5:36.35	251	3
50m:	36.39	36.39	150m:	2:02.47	43.61	250m:	3:30.35	43.44	350m:	4:55.78	47.12
100m:	1:18.86	42.47	200m:	2:46.91	44.44	300m:	4:08.66	38.31	400m:	5:36.35	40.57
118.				09				" "	5:39.64	244	3
50m:	12.88	12.88	150m:	1:11.56	38.28	250m:	2:36.41	42.86	350m:	4:06.34	45.15
100m:	33.28	20.40	200m:	1:53.55	41.99	300m:	3:21.19	44.78	400m:	5:39.64	1:33.30
119.				10					5:39.70	243	3
50m:	38.09	38.09	150m:	2:02.75	43.11	250m:	3:29.30	43.57	350m:	4:57.75	44.67
100m:	1:19.64	41.55	200m:	2:45.73	42.98	300m:	4:13.08	43.78	400m:	5:39.70	41.95
120.				09					5:39.91	243	3
50m:	34.11	34.11	150m:	1:57.40	43.24	250m:	3:25.35	44.26	350m:	4:55.86	45.20
100m:	1:14.16	40.05	200m:	2:41.09	43.69	300m:	4:10.66	45.31	400m:	5:39.91	44.05



minsk, 22. - 24.3.2023



2,	, 400m	, 2009	/									
121.			10	"	"			5:40.43	242	3		
	50m: 37.69	37.69	150m: 2:04.66	44.70	250m: 3:31.73	44.00	350m: 4:58.43	43.12				
	100m: 1:19.96	42.27	200m: 2:47.73	43.07	300m: 4:15.31	43.58	400m: 5:40.43	42.00				
122.			10	"	"			5:40.85	241	3		
	50m: 36.01	36.01	150m: 2:00.60	42.49	250m: 3:29.57	45.40	350m: 5:00.03	45.15				
	100m: 1:18.11	42.10	200m: 2:44.17	43.57	300m: 4:14.88	45.31	400m: 5:40.85	40.82				
123.			10	"	"			5:41.38	240	3		
	50m: 35.73	35.73	150m: 2:00.97	43.63	250m: 3:29.69	44.44	350m: 4:58.39	44.20				
	100m: 1:17.34	41.61	200m: 2:45.25	44.28	300m: 4:14.19	44.50	400m: 5:41.38	42.99				
124.			09	"	"			5:42.60	237	3		
	50m: 37.03	37.03	150m: 2:02.40	43.36	250m: 3:30.39	43.95	350m: 4:59.82	44.74				
	100m: 1:19.04	42.01	200m: 2:46.44	44.04	300m: 4:15.08	44.69	400m: 5:42.60	42.78				
125.			09	"	"			5:43.30	236	3		
	50m: 36.53	36.53	150m: 2:01.71	43.63	250m: 3:30.14	44.14	350m: 4:59.98	44.77				
	100m: 1:18.08	41.55	200m: 2:46.00	44.29	300m: 4:15.21	45.07	400m: 5:43.30	43.32				
126.			10	"	"			5:43.82	235	3		
	50m: 34.24	34.24	150m: 1:57.47	42.60	250m: 3:25.94	45.10	350m: 4:59.53	46.40				
	100m: 1:14.87	40.63	200m: 2:40.84	43.37	300m: 4:13.13	47.19	400m: 5:43.82	44.29				
127.			11	"	"			5:44.98	232	3		
	50m: 36.93	36.93	150m: 2:03.93	43.64	250m: 3:32.50	44.55	350m: 5:03.09	45.28				
	100m: 1:20.29	43.36	200m: 2:47.95	44.02	300m: 4:17.81	45.31	400m: 5:44.98	41.89				
128.			11	"	"			5:45.00	232	3		
	50m: 38.41	38.41	150m: 2:06.65	45.16	250m: 3:36.18	44.51	350m: 5:03.99	42.70				
	100m: 1:21.49	43.08	200m: 2:51.67	45.02	300m: 4:21.29	45.11	400m: 5:45.00	41.01				
129.			10	"	"			5:45.32	232	3		
	50m: 36.42	36.42	150m: 2:04.70	44.16	250m: 3:34.74	44.35	350m: 5:05.58	44.85				
	100m: 1:20.54	44.12	200m: 2:50.39	45.69	300m: 4:20.73	45.99	400m: 5:45.32	39.74				
130.			10	"	"			5:45.39	232	3		
	50m: 39.53	39.53	150m: 2:05.15	42.94	250m: 3:32.58	43.59	350m: 5:02.03	49.80				
	100m: 1:22.21	42.68	200m: 2:48.99	43.84	300m: 4:12.23	39.65	400m: 5:45.39	43.36				
131.			12	"	"			5:45.95	230	3		
	50m: 36.73	36.73	150m: 2:04.12	44.50	250m: 3:34.01	44.87	350m: 5:03.36	44.45				
	100m: 1:19.62	42.89	200m: 2:49.14	45.02	300m: 4:18.91	44.90	400m: 5:45.95	42.59				
132.			11	"	"			5:46.03	230	3		
	50m: 38.52	38.52	150m: 2:09.49	45.62	250m: 3:38.53	42.87	350m: 5:07.72	44.20				
	100m: 1:23.87	45.35	200m: 2:55.66	46.17	300m: 4:23.52	44.99	400m: 5:46.03	38.31				
133.			11	"	"			5:47.28	228	3		
	50m: 38.06	38.06	150m: 2:05.46	44.00	250m: 3:35.59	45.44	350m: 5:05.84	44.99				
	100m: 1:21.46	43.40	200m: 2:50.15	44.69	300m: 4:20.85	45.26	400m: 5:47.28	41.44				
134.			09	"	"			5:47.38	228	3		
	50m: 37.58	37.58	150m: 2:04.98	44.24	250m: 3:35.88	45.88	350m: 5:05.76	45.20				
	100m: 1:20.74	43.16	200m: 2:50.00	45.02	300m: 4:20.56	44.68	400m: 5:47.38	41.62				
135.			09	"	"			5:51.07	220	3		
	50m: 36.95	36.95	150m: 2:04.73	44.84	250m: 3:35.36	45.90	350m: 5:06.59	45.64				
	100m: 1:19.89	42.94	200m: 2:49.46	44.73	300m: 4:20.95	45.59	400m: 5:51.07	44.48				
136.			11	"	"			5:51.19	220	3		
	50m: 37.86	37.86	150m: 2:07.43	45.95	250m: 3:39.88	46.73	350m: 5:07.37	43.37				
	100m: 1:21.48	43.62	200m: 2:53.15	45.72	300m: 4:24.00	44.12	400m: 5:51.19	43.82				



minsk, 22. - 24.3.2023



2,	, 400m	, 2009	/									
137.			11	"	"			5:51.82	219	3		
	50m: 37.72	37.72	150m: 2:07.36	44.93	250m: 3:36.79	44.99	350m: 5:07.73	44.79				
	100m: 1:22.43	44.71	200m: 2:51.80	44.44	300m: 4:22.94	46.15	400m: 5:51.82	44.09				
138.			09	"	"			5:52.83	217	3		
	50m: 38.19	38.19	150m: 2:06.32	45.08	250m: 3:36.40	44.77	350m: 5:08.87	45.87				
	100m: 1:21.24	43.05	200m: 2:51.63	45.31	300m: 4:23.00	46.60	400m: 5:52.83	43.96				
139.			10	"	"			5:53.42	216	3		
	50m: 37.90	37.90	150m: 2:06.27	45.23	250m: 3:36.99	45.44	350m: 5:08.65	45.67				
	100m: 1:21.04	43.14	200m: 2:51.55	45.28	300m: 4:22.98	45.99	400m: 5:53.42	44.77				
140.			10	"	"			5:55.65	212	3		
	50m: 38.64	38.64	150m: 2:07.38	45.91	250m: 3:39.77	46.90	350m: 5:12.13	45.93				
	100m: 1:21.47	42.83	200m: 2:52.87	45.49	300m: 4:26.20	46.43	400m: 5:55.65	43.52				
141.			10	"	"			5:56.35	211	3		
	50m: 37.16	37.16	150m: 2:06.12	45.59	250m: 3:37.74	45.41	350m: 5:11.32	46.65				
	100m: 1:20.53	43.37	200m: 2:52.33	46.21	300m: 4:24.67	46.93	400m: 5:56.35	45.03				
142.			12	"	"			5:58.09	208	3		
	50m: 38.51	38.51	150m: 2:10.41	46.93	250m: 3:44.34	46.23	350m: 5:16.17	44.47				
	100m: 1:23.48	44.97	200m: 2:58.11	47.70	300m: 4:31.70	47.36	400m: 5:58.09	41.92				
143.			11	"	"			5:58.97	206	3		
	50m: 38.56	38.56	150m: 2:08.84	46.34	250m: 3:40.97	45.84	350m: 5:13.04	45.64				
	100m: 1:22.50	43.94	200m: 2:55.13	46.29	300m: 4:27.40	46.43	400m: 5:58.97	45.93				
144.			10	"	"			5:59.25	206	3		
	50m: 38.73	38.73	150m: 2:10.40	46.66	250m: 3:43.00	46.49	350m: 5:16.09	46.94				
	100m: 1:23.74	45.01	200m: 2:56.51	46.11	300m: 4:29.15	46.15	400m: 5:59.25	43.16				
145.			10	"	"			6:02.02	201			
	50m: 37.89	37.89	150m: 2:07.01	45.47	250m: 3:40.61	47.32	350m: 5:15.77	47.73				
	100m: 1:21.54	43.65	200m: 2:53.29	46.28	300m: 4:28.04	47.43	400m: 6:02.02	46.25				
146.			11	"	"			6:03.77	198			
	50m: 38.79	38.79	150m: 2:11.27	46.66	250m: 3:44.49	46.75	350m: 5:19.51	48.39				
	100m: 1:24.61	45.82	200m: 2:57.74	46.47	300m: 4:31.12	46.63	400m: 6:03.77	44.26				
147.			10	"	"			6:04.94	196			
	50m: 37.13	37.13	150m: 2:08.83	47.01	250m: 3:44.38	48.42	350m: 5:18.40	46.34				
	100m: 1:21.82	44.69	200m: 2:55.96	47.13	300m: 4:32.06	47.68	400m: 6:04.94	46.54				
148.			10	"	"			6:05.87	195			
	50m: 38.49	38.49	150m: 2:11.25	47.86	250m: 3:47.38	48.42	350m: 5:21.49	46.38				
	100m: 1:23.39	44.90	200m: 2:58.96	47.71	300m: 4:35.11	47.73	400m: 6:05.87	44.38				
149.			12	"	"			6:05.97	195			
	50m: 37.78	37.78	150m: 2:08.71	46.33	250m: 3:45.31	48.28	350m: 5:20.75	47.62				
	100m: 1:22.38	44.60	200m: 2:57.03	48.32	300m: 4:33.13	47.82	400m: 6:05.97	45.22				
150.			11	"	"			6:06.33	194			
	50m: 39.22	39.22	150m: 2:12.17	47.43	250m: 3:48.34	48.03	350m: 5:23.68	47.01				
	100m: 1:24.74	45.52	200m: 3:00.31	48.14	300m: 4:36.67	48.33	400m: 6:06.33	42.65				
151.			11	"	"			6:08.76	190			
	50m: 41.06	41.06	150m: 2:14.72	47.74	250m: 3:49.07	46.91	350m: 5:23.22	47.42				
	100m: 1:26.98	45.92	200m: 3:02.16	47.44	300m: 4:35.80	46.73	400m: 6:08.76	45.54				
152.			11	"	"			6:12.15	185			
	50m: 40.63	40.63	150m: 2:16.30	48.45	250m: 3:52.44	48.31	350m: 5:27.15	47.57				
	100m: 1:27.85	47.22	200m: 3:04.13	47.83	300m: 4:39.58	47.14	400m: 6:12.15	45.00				



minsk, 22. - 24.3.2023

2,		, 400m		, 2009							
				/							
153.				10	"	"		6:13.47	183		
50m:	32.00	32.00	150m:	1:58.81	46.48	250m:	3:40.18	51.75	350m:	5:22.73	51.71
100m:	1:12.33	40.33	200m:	2:48.43	49.62	300m:	4:31.02	50.84	400m:	6:13.47	50.74
154.				10	"	"		6:15.37	180		
50m:	40.09	40.09	150m:	2:16.50	48.78	250m:	3:53.84	48.64	350m:	5:31.59	48.93
100m:	1:27.72	47.63	200m:	3:05.20	48.70	300m:	4:42.66	48.82	400m:	6:15.37	43.78
155.				11	"	"		6:19.49	174		
50m:	40.38	40.38	150m:	2:16.90	50.02	250m:	3:54.16	48.77	350m:	5:32.49	48.39
100m:	1:26.88	46.50	200m:	3:05.39	48.49	300m:	4:44.10	49.94	400m:	6:19.49	47.00
156.				10	"	"		6:28.21	163		
50m:	39.66	39.66	150m:	2:17.03	49.84	250m:	3:59.47	50.60	350m:	5:41.19	50.29
100m:	1:27.19	47.53	200m:	3:08.87	51.84	300m:	4:50.90	51.43	400m:	6:28.21	47.02
DSQ				11	"	"		5:52.01	3		
50m:	38.82	38.82	150m:	2:07.12	44.80	250m:	3:38.62	46.54	350m:	5:08.95	44.65
100m:	1:22.32	43.50	200m:	2:52.08	44.96	300m:	4:24.30	45.68	400m:	5:52.01	43.06
DSQ				11	"	"		6:00.44	3		
50m:	39.84	39.84	150m:	2:10.69	46.77	250m:	3:42.59	46.16	350m:	5:15.22	45.93
100m:	1:23.92	44.08	200m:	2:56.43	45.74	300m:	4:29.29	46.70	400m:	6:00.44	45.22
DSQ				11	"	"		6:11.71			
50m:	37.32	37.32	150m:	2:09.24	46.92	250m:	3:45.36	48.38	350m:	5:21.88	47.83
100m:	1:22.32	45.00	200m:	2:56.98	47.74	300m:	4:34.05	48.69	400m:	6:11.71	49.83
DSQ				11	"	"		6:22.16			
50m:	39.75	39.75	150m:	2:16.91	49.56	250m:	3:55.34	49.03	350m:	5:36.72	50.69
100m:	1:27.35	47.60	200m:	3:06.31	49.40	300m:	4:46.03	50.69	400m:	6:22.16	45.44

2007 - 2008

1.				07				4:06.70	636		
50m:	27.77	27.77	150m:	1:30.20	31.50	250m:	2:33.39	31.55	350m:	3:36.62	31.41
100m:	58.70	30.93	200m:	2:01.84	31.64	300m:	3:05.21	31.82	400m:	4:06.70	30.08
2.				07				4:10.47	608		
50m:	28.32	28.32	150m:	1:31.87	31.91	250m:	2:36.04	32.13	350m:	3:39.57	31.43
100m:	59.96	31.64	200m:	2:03.91	32.04	300m:	3:08.14	32.10	400m:	4:10.47	30.90
3.				07				4:12.42	594		
50m:	27.85	27.85	150m:	1:31.63	32.06	250m:	2:36.96	32.93	350m:	3:42.07	32.09
100m:	59.57	31.72	200m:	2:04.03	32.40	300m:	3:09.98	33.02	400m:	4:12.42	30.35
4.				07				4:16.74	565	1	
50m:	28.04	28.04	150m:	1:32.60	33.49	250m:	2:40.17	33.87	350m:	3:45.59	31.76
100m:	59.11	31.07	200m:	2:06.30	33.70	300m:	3:13.83	33.66	400m:	4:16.74	31.15
5.				07				4:20.97	537	1	
50m:	29.22	29.22	150m:	1:34.32	33.16	250m:	2:41.20	33.41	350m:	3:48.95	33.73
100m:	1:01.16	31.94	200m:	2:07.79	33.47	300m:	3:15.22	34.02	400m:	4:20.97	32.02
6.				08				4:22.30	529	1	
50m:	29.22	29.22	150m:	1:34.50	32.92	250m:	2:41.71	33.51	350m:	3:49.54	33.35
100m:	1:01.58	32.36	200m:	2:08.20	33.70	300m:	3:16.19	34.48	400m:	4:22.30	32.76
7.				08				4:22.50	528	1	
50m:	28.58	28.58	150m:	1:34.56	33.53	250m:	2:42.50	33.82	350m:	3:50.34	33.47
100m:	1:01.03	32.45	200m:	2:08.68	34.12	300m:	3:16.87	34.37	400m:	4:22.50	32.16



minsk, 22. - 24.3.2023



2,	, 400m	,	2007 - 2008									
8.			07			"	"		4:23.72	521	1	
	50m: 29.83	29.83	150m: 1:35.96	33.45	250m: 2:42.85	33.26	350m: 3:50.73	34.59				
	100m: 1:02.51	32.68	200m: 2:09.59	33.63	300m: 3:16.14	33.29	400m: 4:23.72	32.99				
9.			08			"	"		4:26.04	507	1	
	50m: 29.68	29.68	150m: 1:35.31	33.02	250m: 2:43.55	34.02	350m: 3:52.38	34.63				
	100m: 1:02.29	32.61	200m: 2:09.53	34.22	300m: 3:17.75	34.20	400m: 4:26.04	33.66				
10.			07			"	"		4:26.14	507	1	
	50m: 28.91	28.91	150m: 1:34.09	32.65	250m: 2:42.81	34.82	350m: 3:52.52	34.71				
	100m: 1:01.44	32.53	200m: 2:07.99	33.90	300m: 3:17.81	35.00	400m: 4:26.14	33.62				
11.			07			"	"		4:26.39	505	1	
	50m: 29.63	29.63	150m: 1:36.42	33.86	250m: 2:44.85	34.16	350m: 3:54.10	34.47				
	100m: 1:02.56	32.93	200m: 2:10.69	34.27	300m: 3:19.63	34.78	400m: 4:26.39	32.29				
12.			08			"	"		4:26.47	505	1	
	50m: 30.54	30.54	150m: 1:38.41	34.41	250m: 2:46.59	34.28	350m: 3:54.47	33.63				
	100m: 1:04.00	33.46	200m: 2:12.31	33.90	300m: 3:20.84	34.25	400m: 4:26.47	32.00				
13.			07			"	"		4:26.57	504	1	
	50m: 29.20	29.20	150m: 1:36.85	34.32	250m: 2:46.20	34.23	350m: 3:54.44	34.14				
	100m: 1:02.53	33.33	200m: 2:11.97	35.12	300m: 3:20.30	34.10	400m: 4:26.57	32.13				
14.			08			"	"		4:28.46	494	1	
	50m: 29.86	29.86	150m: 1:36.05	33.65	250m: 2:45.65	35.00	350m: 3:55.34	34.81				
	100m: 1:02.40	32.54	200m: 2:10.65	34.60	300m: 3:20.53	34.88	400m: 4:28.46	33.12				
15.			07			"	"		4:29.42	488	1	
	50m: 30.97	30.97	150m: 1:38.79	33.94	250m: 2:48.01	34.65	350m: 3:57.71	34.57				
	100m: 1:04.85	33.88	200m: 2:13.36	34.57	300m: 3:23.14	35.13	400m: 4:29.42	31.71				
16.			08			"	"		4:30.52	482	1	
	50m: 30.27	30.27	150m: 1:38.93	34.73	250m: 2:48.51	34.79	350m: 3:58.49	34.65				
	100m: 1:04.20	33.93	200m: 2:13.72	34.79	300m: 3:23.84	35.33	400m: 4:30.52	32.03				
17.			08			"	"		4:32.34	473	1	
	50m: 30.98	30.98	150m: 1:38.66	34.36	250m: 2:48.75	35.24	350m: 3:58.83	35.09				
	100m: 1:04.30	33.32	200m: 2:13.51	34.85	300m: 3:23.74	34.99	400m: 4:32.34	33.51				
18.			08			"	"		4:32.69	471	1	
	50m: 30.04	30.04	150m: 1:38.34	34.29	250m: 2:48.54	34.84	350m: 3:58.52	34.83				
	100m: 1:04.05	34.01	200m: 2:13.70	35.36	300m: 3:23.69	35.15	400m: 4:32.69	34.17				
19.			08			"	"		4:33.27	468	1	
	50m: 31.31	31.31	150m: 1:40.12	35.00	250m: 2:50.04	34.78	350m: 3:59.26	34.61				
	100m: 1:05.12	33.81	200m: 2:15.26	35.14	300m: 3:24.65	34.61	400m: 4:33.27	34.01				
20.			07			"	"		4:34.91	460	1	
	50m: 29.74	29.74	150m: 1:39.36	34.88	250m: 2:50.18	35.42	350m: 4:01.94	35.81				
	100m: 1:04.48	34.74	200m: 2:14.76	35.40	300m: 3:26.13	35.95	400m: 4:34.91	32.97				
21.			08			"	"		4:36.08	454	1	
	50m: 30.47	30.47	150m: 1:38.73	34.20	250m: 2:49.27	34.75	350m: 4:01.60	36.27				
	100m: 1:04.53	34.06	200m: 2:14.52	35.79	300m: 3:25.33	36.06	400m: 4:36.08	34.48				
22.			08			"	"		4:36.80	450	2	
	50m: 30.02	30.02	150m: 1:40.16	35.48	250m: 2:51.45	35.81	350m: 4:02.41	35.52				
	100m: 1:04.68	34.66	200m: 2:15.64	35.48	300m: 3:26.89	35.44	400m: 4:36.80	34.39				
23.			08			"	"		4:37.54	447	2	
	50m: 30.45	30.45	150m: 1:39.61	35.37	250m: 2:51.63	36.06	350m: 4:03.48	35.79				
	100m: 1:04.24	33.79	200m: 2:15.57	35.96	300m: 3:27.69	36.06	400m: 4:37.54	34.06				



minsk, 22. - 24.3.2023



2,	, 400m	,	2007 - 2008									
24.			07	"	"			4:37.60	446	2		
	50m: 30.73	30.73	150m: 1:40.20	35.08	250m: 2:50.88	35.52	350m: 4:03.02	36.17				
	100m: 1:05.12	34.39	200m: 2:15.36	35.16	300m: 3:26.85	35.97	400m: 4:37.60	34.58				
25.			08					4:38.03	444	2		
	50m: 31.28	31.28	150m: 1:41.02	35.37	250m: 2:53.31	36.50	350m: 4:05.17	35.77				
	100m: 1:05.65	34.37	200m: 2:16.81	35.79	300m: 3:29.40	36.09	400m: 4:38.03	32.86				
26.			07	"	"			4:39.33	438	2		
	50m: 30.16	30.16	150m: 1:40.02	35.28	250m: 2:51.59	35.68	350m: 4:03.74	36.03				
	100m: 1:04.74	34.58	200m: 2:15.91	35.89	300m: 3:27.71	36.12	400m: 4:39.33	35.59				
27.			08					4:40.42	433	2		
	50m: 30.04	30.04	150m: 1:39.59	35.48	250m: 2:51.84	36.19	350m: 4:01.64	34.17				
	100m: 1:04.11	34.07	200m: 2:15.65	36.06	300m: 3:27.47	35.63	400m: 4:40.42	38.78				
28.			08					4:40.64	432	2		
	50m: 31.60	31.60	150m: 1:43.88	36.45	250m: 2:57.01	36.68	350m: 4:07.61	34.05				
	100m: 1:07.43	35.83	200m: 2:20.33	36.45	300m: 3:33.56	36.55	400m: 4:40.64	33.03				
29.			08	"	"			4:40.74	432	2		
	50m: 30.03	30.03	150m: 1:39.22	35.37	250m: 2:51.43	36.10	350m: 4:04.79	36.70				
	100m: 1:03.85	33.82	200m: 2:15.33	36.11	300m: 3:28.09	36.66	400m: 4:40.74	35.95				
30.			08	"	"			4:41.21	429	2		
	50m: 31.55	31.55	150m: 1:42.08	35.60	250m: 2:55.38	36.78	350m: 4:08.78	36.54				
	100m: 1:06.48	34.93	200m: 2:18.60	36.52	300m: 3:32.24	36.86	400m: 4:41.21	32.43				
31.			08					4:43.30	420	2		
	50m: 30.63	30.63	150m: 1:40.57	35.94	250m: 2:53.95	36.54	350m: 4:07.85	37.06				
	100m: 1:04.63	34.00	200m: 2:17.41	36.84	300m: 3:30.79	36.84	400m: 4:43.30	35.45				
32.			07	"	"			4:43.70	418	2		
	50m: 30.54	30.54	150m: 1:42.56	36.78	250m: 2:57.11	37.45	350m: 4:10.75	36.64				
	100m: 1:05.78	35.24	200m: 2:19.66	37.10	300m: 3:34.11	37.00	400m: 4:43.70	32.95				
33.			08	"	"			4:46.78	405	2		
	50m: 30.62	30.62	150m: 1:43.72	36.71	250m: 2:57.73	37.24	350m: 4:11.36	36.63				
	100m: 1:07.01	36.39	200m: 2:20.49	36.77	300m: 3:34.73	37.00	400m: 4:46.78	35.42				
34.			08					4:48.67	397	2		
	50m: 33.15	33.15	150m: 1:45.89	36.53	250m: 3:00.27	37.23	350m: 4:13.52	36.36				
	100m: 1:09.36	36.21	200m: 2:23.04	37.15	300m: 3:37.16	36.89	400m: 4:48.67	35.15				
35.			07	"	"			4:49.45	394	2		
	50m: 29.80	29.80	150m: 1:41.26	36.59	250m: 2:57.21	38.10	350m: 4:13.26	38.30				
	100m: 1:04.67	34.87	200m: 2:19.11	37.85	300m: 3:34.96	37.75	400m: 4:49.45	36.19				
36.			08					4:49.77	392	2		
	50m: 32.14	32.14	150m: 1:45.11	36.71	250m: 2:59.34	37.17	350m: 4:14.13	37.22				
	100m: 1:08.40	36.26	200m: 2:22.17	37.06	300m: 3:36.91	37.57	400m: 4:49.77	35.64				
37.			08	"	"			4:50.70	389	2		
	50m: 31.59	31.59	150m: 1:43.96	36.64	250m: 2:58.12	37.07	350m: 4:13.25	37.98				
	100m: 1:07.32	35.73	200m: 2:21.05	37.09	300m: 3:35.27	37.15	400m: 4:50.70	37.45				
38.			08	"	"	-2011"		4:51.06	387	2		
	50m: 33.17	33.17	150m: 1:49.48	38.75	250m: 3:02.82	36.60	350m: 4:16.77	36.36				
	100m: 1:10.73	37.56	200m: 2:26.22	36.74	300m: 3:40.41	37.59	400m: 4:51.06	34.29				
39.			08	"	"			4:54.00	376	2		
	50m: 31.11	31.11	150m: 1:43.38	36.83	250m: 2:58.86	37.71	350m: 4:15.99	38.33				
	100m: 1:06.55	35.44	200m: 2:21.15	37.77	300m: 3:37.66	38.80	400m: 4:54.00	38.01				



minsk, 22. - 24.3.2023



2,	, 400m	,	2007 - 2008									
40.				08	"	"	-2011"		4:54.10	375	2	
	50m: 30.59	30.59	150m: 1:40.07	35.72	250m: 2:54.56	38.44	350m: 4:15.31	39.66				
	100m: 1:04.35	33.76	200m: 2:16.12	36.05	300m: 3:35.65	41.09	400m: 4:54.10	38.79				
41.				08	"	"			4:57.13	364	2	
	50m: 33.38	33.38	150m: 1:47.93	37.92	250m: 3:04.78	38.52	350m: 4:21.42	38.21				
	100m: 1:10.01	36.63	200m: 2:26.26	38.33	300m: 3:43.21	38.43	400m: 4:57.13	35.71				
42.				08	"	"			4:57.71	362	2	
	50m: 31.15	31.15	150m: 1:45.29	37.72	250m: 3:02.03	38.31	350m: 4:19.70	38.75				
	100m: 1:07.57	36.42	200m: 2:23.72	38.43	300m: 3:40.95	38.92	400m: 4:57.71	38.01				
43.				08	"	"			4:57.79	362	2	
	50m: 31.03	31.03	150m: 1:45.47	38.25	250m: 3:03.51	38.95	350m: 4:21.86	39.18				
	100m: 1:07.22	36.19	200m: 2:24.56	39.09	300m: 3:42.68	39.17	400m: 4:57.79	35.93				
44.				07	"	"			4:57.94	361	2	
	50m: 33.91	33.91	150m: 1:49.41	37.95	250m: 3:05.07	37.73	350m: 4:20.82	38.11				
	100m: 1:11.46	37.55	200m: 2:27.34	37.93	300m: 3:42.71	37.64	400m: 4:57.94	37.12				
45.				08	"	"			4:59.50	355	2	
	50m: 32.52	32.52	150m: 1:47.93	38.01	250m: 3:05.36	38.75	350m: 4:21.86	38.13				
	100m: 1:09.92	37.40	200m: 2:26.61	38.68	300m: 3:43.73	38.37	400m: 4:59.50	37.64				
46.				08	"	"			5:01.45	349	2	
	50m: 32.99	32.99	150m: 1:50.41	39.83	250m: 3:08.11	38.45	350m: 4:24.17	37.58				
	100m: 1:10.58	37.59	200m: 2:29.66	39.25	300m: 3:46.59	38.48	400m: 5:01.45	37.28				
47.				07	"	"			5:02.88	344	2	
	50m: 32.97	32.97	150m: 1:48.40	38.30	250m: 3:06.24	38.89	350m: 4:24.43	38.76				
	100m: 1:10.10	37.13	200m: 2:27.35	38.95	300m: 3:45.67	39.43	400m: 5:02.88	38.45				
48.				08	"	"			5:04.08	340	2	
	50m: 32.22	32.22	150m: 1:48.80	38.85	250m: 3:08.10	39.50	350m: 4:25.81	39.68				
	100m: 1:09.95	37.73	200m: 2:28.60	39.80	300m: 3:46.13	38.03	400m: 5:04.08	38.27				
49.				08	"	"			5:06.08	333	2	
	50m: 33.05	33.05	150m: 1:49.40	38.93	250m: 3:07.75	39.17	350m: 4:27.95	40.03				
	100m: 1:10.47	37.42	200m: 2:28.58	39.18	300m: 3:47.92	40.17	400m: 5:06.08	38.13				
50.				08	"	"			5:06.54	331	2	
	50m: 23.52	23.52	150m: 1:49.29	38.65	250m: 3:08.85	40.26	350m: 4:30.17	40.66				
	100m: 1:10.64	47.12	200m: 2:28.59	39.30	300m: 3:49.51	40.66	400m: 5:06.54	36.37				
51.				07	"	"			5:07.26	329	2	
	50m: 32.07	32.07	150m: 1:47.95	38.63	250m: 3:09.41	41.17	350m: 4:31.32	41.54				
	100m: 1:09.32	37.25	200m: 2:28.24	40.29	300m: 3:49.78	40.37	400m: 5:07.26	35.94				
52.				07	"	"			5:10.72	318	2	
	50m: 35.39	35.39	150m: 1:55.02	40.90	250m: 3:14.80	39.20	350m: 4:34.09	39.56				
	100m: 1:14.12	38.73	200m: 2:35.60	40.58	300m: 3:54.53	39.73	400m: 5:10.72	36.63				
53.				08	"	"			5:11.83	315	2	
	50m: 33.86	33.86	150m: 1:52.70	39.92	250m: 3:13.96	40.54	350m: 4:33.31	39.20				
	100m: 1:12.78	38.92	200m: 2:33.42	40.72	300m: 3:54.11	40.15	400m: 5:11.83	38.52				
54.				08	"	"			5:23.59	282	3	
	50m: 33.69	33.69	150m: 1:54.12	41.19	250m: 3:18.13	41.89	350m: 4:42.95	42.33				
	100m: 1:12.93	39.24	200m: 2:36.24	42.12	300m: 4:00.62	42.49	400m: 5:23.59	40.64				



minsk, 22. - 24.3.2023



2, , 400m

2006

1.				05	"	"			4:05.50	646		
	50m:	28.79	28.79	150m:	1:30.34	30.95	250m:	2:32.17	30.55	350m:	3:35.03	31.49
	100m:	59.39	30.60	200m:	2:01.62	31.28	300m:	3:03.54	31.37	400m:	4:05.50	30.47
2.				06					4:11.76	599		
	50m:	28.27	28.27	150m:	1:31.24	31.83	250m:	2:35.55	32.10	350m:	3:40.69	32.49
	100m:	59.41	31.14	200m:	2:03.45	32.21	300m:	3:08.20	32.65	400m:	4:11.76	31.07
3.				04					4:13.49	587		
	50m:	28.51	28.51	150m:	1:31.35	31.74	250m:	2:36.50	32.54	350m:	3:41.78	32.64
	100m:	59.61	31.10	200m:	2:03.96	32.61	300m:	3:09.14	32.64	400m:	4:13.49	31.71
4.				06	"	"			4:13.51	586		
	50m:	28.41	28.41	150m:	1:32.50	31.94	250m:	2:37.38	32.49	350m:	3:42.23	32.58
	100m:	1:00.56	32.15	200m:	2:04.89	32.39	300m:	3:09.65	32.27	400m:	4:13.51	31.28
5.				06					4:15.62	572		
	50m:	29.86	29.86	150m:	1:32.51	31.34	250m:	2:37.97	33.03	350m:	3:43.79	32.54
	100m:	1:01.17	31.31	200m:	2:04.94	32.43	300m:	3:11.25	33.28	400m:	4:15.62	31.83
6.				06	"	"			4:17.02	563	1	
	50m:	28.16	28.16	150m:	1:32.88	32.60	250m:	2:38.80	33.03	350m:	3:44.74	33.13
	100m:	1:00.28	32.12	200m:	2:05.77	32.89	300m:	3:11.61	32.81	400m:	4:17.02	32.28
7.				04					4:18.35	554	1	
	50m:	28.19	28.19	150m:	1:31.42	32.03	250m:	2:36.36	32.80	350m:	3:44.97	34.11
	100m:	59.39	31.20	200m:	2:03.56	32.14	300m:	3:10.86	34.50	400m:	4:18.35	33.38
8.				04	"	"			4:19.62	546	1	
	50m:	28.75	28.75	150m:	1:34.80	33.56	250m:	2:40.71	32.77	350m:	3:49.71	35.09
	100m:	1:01.24	32.49	200m:	2:07.94	33.14	300m:	3:14.62	33.91	400m:	4:19.62	29.91
9.				06					4:28.94	491	1	
	50m:	29.11	29.11	150m:	1:36.99	34.65	250m:	2:46.16	34.51	350m:	3:55.93	34.73
	100m:	1:02.34	33.23	200m:	2:11.65	34.66	300m:	3:21.20	35.04	400m:	4:28.94	33.01
10.				06	"	"		-2011"	4:41.04	430	2	
	50m:	32.11	32.11	150m:	1:41.24	34.62	250m:	2:51.68	35.40	350m:	4:04.37	36.57
	100m:	1:06.62	34.51	200m:	2:16.28	35.04	300m:	3:27.80	36.12	400m:	4:41.04	36.67
11.				06					4:41.56	428	2	
	50m:	31.00	31.00	150m:	1:43.10	36.48	250m:	2:56.72	36.72	350m:	4:08.71	35.05
	100m:	1:06.62	35.62	200m:	2:20.00	36.90	300m:	3:33.66	36.94	400m:	4:41.56	32.85
12.				06	"	"			4:44.39	415	2	
	50m:	29.08	29.08	150m:	1:40.29	36.72	250m:	2:54.52	37.28	350m:	4:08.83	37.30
	100m:	1:03.57	34.49	200m:	2:17.24	36.95	300m:	3:31.53	37.01	400m:	4:44.39	35.56
13.				06					4:44.55	415	2	
	50m:	31.54	31.54	150m:	1:43.56	36.10	250m:	2:56.99	36.69	350m:	4:10.37	36.15
	100m:	1:07.46	35.92	200m:	2:20.30	36.74	300m:	3:34.22	37.23	400m:	4:44.55	34.18