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11.11.2019 - 10:45

, 400m

: FINA 2019

1.				09				BLR	5:22.69	380		
	50m:	36.02	36.02	150m:	1:57.22	40.92	250m:	3:18.91	40.37	350m:	4:42.09	41.25
	100m:	1:16.30	40.28	200m:	2:38.54	41.32	300m:	4:00.84	41.93	400m:	5:22.69	40.60
2.				08			" "	BLR	5:28.60	360		
	50m:	35.50	35.50	150m:	1:58.42	42.44	250m:	3:24.16	43.02	350m:	4:49.91	42.95
	100m:	1:15.98	40.48	200m:	2:41.14	42.72	300m:	4:06.96	42.80	400m:	5:28.60	38.69
3.				08			" "	BLR	5:32.12	349		
	50m:	35.57	35.57	150m:	1:57.71	41.74	250m:	3:23.78	42.61	350m:	4:50.13	43.20
	100m:	1:15.97	40.40	200m:	2:41.17	43.46	300m:	4:06.93	43.15	400m:	5:32.12	41.99
4.				08			" "	BLR	5:38.94	328		
	50m:	37.72	37.72	150m:	2:03.87	44.01	250m:	3:31.35	44.23	350m:	4:58.79	43.71
	100m:	1:19.86	42.14	200m:	2:47.12	43.25	300m:	4:15.08	43.73	400m:	5:38.94	40.15
5.				08			" "	BLR	5:41.43	321		
	50m:	37.08	37.08	150m:	2:03.35	43.85	250m:	3:31.30	44.01	350m:	4:58.78	43.61
	100m:	1:19.50	42.42	200m:	2:47.29	43.94	300m:	4:15.17	43.87	400m:	5:41.43	42.65
6.				08				BLR	5:43.37	316		
	50m:	38.05	38.05	150m:	2:05.42	43.70	250m:	3:33.89	44.35	350m:	5:02.31	43.77
	100m:	1:21.72	43.67	200m:	2:49.54	44.12	300m:	4:18.54	44.65	400m:	5:43.37	41.06
7.				09				BLR	5:50.15	298		
	50m:	39.72	39.72	150m:	2:08.34	44.74	250m:	3:38.73	44.88	350m:	5:07.67	44.90
	100m:	1:23.60	43.88	200m:	2:53.85	45.51	300m:	4:22.77	44.04	400m:	5:50.15	42.48
8.				08			" "	BLR	5:50.45	297		
	50m:	39.01	39.01	150m:	2:09.04	45.43	250m:	3:39.33	44.71	350m:	5:08.73	44.43
	100m:	1:23.61	44.60	200m:	2:54.62	45.58	300m:	4:24.30	44.97	400m:	5:50.45	41.72
9.				08			" "	BLR	5:52.35	292		
	50m:	36.79	36.79	150m:	2:06.55	46.04	250m:	3:39.21	46.35	350m:	5:10.41	47.02
	100m:	1:20.51	43.72	200m:	2:52.86	46.31	300m:	4:23.39	44.18	400m:	5:52.35	41.94
10.				08			" "	BLR	5:54.14	288		
	50m:	36.38	36.38	150m:	2:06.08	45.40	250m:	3:39.97	46.46	350m:	5:12.18	46.52
	100m:	1:20.68	44.30	200m:	2:53.51	47.43	300m:	4:25.66	45.69	400m:	5:54.14	41.96
11.				08				BLR	5:54.40	287		
	50m:	38.48	38.48	150m:	2:07.27	45.45	250m:	3:39.36	46.09	350m:	5:10.62	45.15
	100m:	1:21.82	43.34	200m:	2:53.27	46.00	300m:	4:25.47	46.11	400m:	5:54.40	43.78
12.				09			" "	BLR	5:54.98	286		
	50m:	38.56	38.56	150m:	2:06.33	44.97	250m:	3:38.23	46.63	350m:	5:10.92	45.71
	100m:	1:21.36	42.80	200m:	2:51.60	45.27	300m:	4:25.21	46.98	400m:	5:54.98	44.06
13.				08			" "	BLR	5:56.65	282		
	50m:	38.81	38.81	150m:	2:09.38	46.44	250m:	3:42.08	46.31	350m:	5:13.57	44.87
	100m:	1:22.94	44.13	200m:	2:55.77	46.39	300m:	4:28.70	46.62	400m:	5:56.65	43.08
14.				08				BLR	5:59.66	275		
	50m:	42.77	42.77	150m:	2:14.89	46.07	250m:	3:48.07	47.19	350m:	5:18.76	45.75
	100m:	1:28.82	46.05	200m:	3:00.88	45.99	300m:	4:33.01	44.94	400m:	5:59.66	40.90
15.				09			" "	BLR	6:00.52	273		
	50m:	38.83	38.83	150m:	2:11.51	47.64	250m:	3:47.39	47.95	350m:	5:21.62	46.68
	100m:	1:23.87	45.04	200m:	2:59.44	47.93	300m:	4:34.94	47.55	400m:	6:00.52	38.90



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16.			08	"	"			BLR	6:02.15	269			
	50m:	40.80	40.80	150m:	2:13.78	47.73	250m:	3:50.17	48.17	350m:	5:21.65	43.95	
	100m:	1:26.05	45.25	200m:	3:02.00	48.22	300m:	4:37.70	47.53	400m:	6:02.15	40.50	
17.			08	"	"			BLR	6:03.90	265			
	50m:	39.73	39.73	150m:	2:12.42	46.65	250m:	3:46.79	47.53	350m:	5:21.06	47.42	
	100m:	1:25.77	46.04	200m:	2:59.26	46.84	300m:	4:33.64	46.85	400m:	6:03.90	42.84	
18.			09	"	"			BLR	6:06.51	259			
	50m:	40.56	40.56	150m:	2:12.21	46.82	250m:	3:46.12	47.04	350m:	5:21.30	47.24	
	100m:	1:25.39	44.83	200m:	2:59.08	46.87	300m:	4:34.06	47.94	400m:	6:06.51	45.21	
19.			09	"	"			BLR	6:10.82	251			
	50m:	39.02	39.02	150m:	2:09.79	46.22	250m:	3:47.13	48.82	350m:	5:25.81	50.12	
	100m:	1:23.57	44.55	200m:	2:58.31	48.52	300m:	4:35.69	48.56	400m:	6:10.82	45.01	
20.			08	"	"			BLR	6:11.28	250			
	50m:	41.00	41.00	150m:	2:15.72	47.71	250m:	3:50.68	47.15	350m:	5:26.11	47.39	
	100m:	1:28.01	47.01	200m:	3:03.53	47.81	300m:	4:38.72	48.04	400m:	6:11.28	45.17	
21.			08	"	"			BLR	6:12.61	247			
	50m:	41.55	41.55	150m:	2:15.90	47.19	250m:	3:52.41	48.00	350m:	5:27.53	46.43	
	100m:	1:28.71	47.16	200m:	3:04.41	48.51	300m:	4:41.10	48.69	400m:	6:12.61	45.08	
22.			08	"	"			BLR	6:14.08	244			
	50m:	42.62	42.62	150m:	2:19.07	48.60	250m:	3:55.14	47.45	350m:	5:28.74	46.47	
	100m:	1:30.47	47.85	200m:	3:07.69	48.62	300m:	4:42.27	47.13	400m:	6:14.08	45.34	
23.			08	"	"			BLR	6:14.19	244			
	50m:	39.97	39.97	150m:	2:12.10	47.30	250m:	3:49.28	48.53	350m:	5:28.24	49.24	
	100m:	1:24.80	44.83	200m:	3:00.75	48.65	300m:	4:39.00	49.72	400m:	6:14.19	45.95	
24.			08	"	"			BLR	6:14.57	243			
	50m:	42.04	42.04	150m:	2:14.54	45.36	250m:	3:46.56	46.97	350m:	5:23.23	49.55	
	100m:	1:29.18	47.14	200m:	2:59.59	45.05	300m:	4:33.68	47.12	400m:	6:14.57	51.34	
25.			08	"	"			BLR	6:14.93	242			
	50m:	40.91	40.91	150m:	2:19.30	49.49	250m:	3:58.26	50.12	350m:	5:34.33	46.86	
	100m:	1:29.81	48.90	200m:	3:08.14	48.84	300m:	4:47.47	49.21	400m:	6:14.93	40.60	
26.			08	"	"			BLR	6:15.84	241			
	50m:	39.98	39.98	150m:	2:14.50	48.09	250m:	3:51.32	48.85	350m:	5:28.13	48.33	
	100m:	1:26.41	46.43	200m:	3:02.47	47.97	300m:	4:39.80	48.48	400m:	6:15.84	47.71	
27.			10	"	"			BLR	6:17.19	238			
	50m:	42.95	42.95	150m:	2:18.75	48.75	250m:	3:54.30	47.32	350m:	5:30.88	50.09	
	100m:	1:30.00	47.05	200m:	3:06.98	48.23	300m:	4:40.79	46.49	400m:	6:17.19	46.31	
28.			08	"	"			BLR	6:17.83	237			
	50m:	43.02	43.02	150m:	2:16.60	47.11	250m:	3:51.78	47.65	350m:	5:29.39	48.98	
	100m:	1:29.49	46.47	200m:	3:04.13	47.53	300m:	4:40.41	48.63	400m:	6:17.83	48.44	
29.			08	"	"			BLR	6:17.90	237			
	50m:	40.74	40.74	150m:	2:16.93	48.86	250m:	3:54.95	49.16	350m:	5:33.19	49.22	
	100m:	1:28.07	47.33	200m:	3:05.79	48.86	300m:	4:43.97	49.02	400m:	6:17.90	44.71	
30.			08	"	"			BLR	6:19.66	233			
	50m:	42.16	42.16	150m:	2:17.25	48.77	250m:	3:57.65	49.61	350m:	5:35.45	49.01	
	100m:	1:28.48	46.32	200m:	3:08.04	50.79	300m:	4:46.44	48.79	400m:	6:19.66	44.21	
31.			09	"	"			BLR	6:20.08	233			
	50m:	41.78	41.78	150m:	2:18.25	48.90	250m:	3:56.90	49.05	350m:	5:34.17	48.92	
	100m:	1:29.35	47.57	200m:	3:07.85	49.60	300m:	4:45.25	48.35	400m:	6:20.08	45.91	



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32.			08						BLR	6:21.62		230	
50m:	41.53	41.53	150m:	2:19.03	49.29	250m:	3:57.68	49.03	350m:	5:35.39		47.95	
100m:	1:29.74	48.21	200m:	3:08.65	49.62	300m:	4:47.44	49.76	400m:	6:21.62		46.23	
33.			09						BLR	6:22.70		228	
50m:	42.70	42.70	150m:	2:21.80	48.52	250m:	4:00.13	49.11	350m:	5:38.49		48.16	
100m:	1:33.28	50.58	200m:	3:11.02	49.22	300m:	4:50.33	50.20	400m:	6:22.70		44.21	
34.			08			" "			BLR	6:25.65		223	
50m:	43.70	43.70	150m:	2:19.71	48.51	250m:	3:59.15	49.61	350m:	5:37.56		48.85	
100m:	1:31.20	47.50	200m:	3:09.54	49.83	300m:	4:48.71	49.56	400m:	6:25.65		48.09	
35.			09						BLR	6:26.51		221	
50m:	41.76	41.76	150m:	2:23.52	52.32	250m:	4:00.20	50.33	350m:	5:43.12		52.55	
100m:	1:31.20	49.44	200m:	3:09.87	46.35	300m:	4:50.57	50.37	400m:	6:26.51		43.39	
36.			08			" "			BLR	6:28.76		217	
50m:	39.88	39.88	150m:	2:18.74	51.08	250m:	3:59.40	51.09	350m:	5:42.96		51.74	
100m:	1:27.66	47.78	200m:	3:08.31	49.57	300m:	4:51.22	51.82	400m:	6:28.76		45.80	
37.			08			" "			BLR	6:30.09		215	
50m:	42.62	42.62	150m:	2:21.72	51.01	250m:	4:01.64	50.43	350m:	5:45.48		51.63	
100m:	1:30.71	48.09	200m:	3:11.21	49.49	300m:	4:53.85	52.21	400m:	6:30.09		44.61	
38.			10						BLR	6:31.44		213	
50m:	41.02	41.02	150m:	2:20.73	50.80	250m:	4:01.61	50.93	350m:	5:43.93		51.25	
100m:	1:29.93	48.91	200m:	3:10.68	49.95	300m:	4:52.68	51.07	400m:	6:31.44		47.51	
39.			08			" "			BLR	6:32.65		211	
50m:	41.13	41.13	150m:	2:18.34	50.03	250m:	4:00.12	51.27	350m:	5:44.42		51.62	
100m:	1:28.31	47.18	200m:	3:08.85	50.51	300m:	4:52.80	52.68	400m:	6:32.65		48.23	
40.			08						BLR	6:34.44		208	
50m:	43.55	43.55	150m:	2:24.15	50.66	250m:	4:05.32	50.20	350m:	5:46.61		50.23	
100m:	1:33.49	49.94	200m:	3:15.12	50.97	300m:	4:56.38	51.06	400m:	6:34.44		47.83	
41.			08			" "			BLR	6:35.44		206	
50m:	40.35	40.35	150m:	2:21.72	51.58	250m:	4:03.09	50.82	350m:	5:46.91		51.74	
100m:	1:30.14	49.79	200m:	3:12.27	50.55	300m:	4:55.17	52.08	400m:	6:35.44		48.53	
42.			08			" "			BLR	6:36.79		204	
50m:	42.10	42.10	150m:	2:21.45	51.15	250m:	4:06.06	52.93	350m:	5:48.55		50.76	
100m:	1:30.30	48.20	200m:	3:13.13	51.68	300m:	4:57.79	51.73	400m:	6:36.79		48.24	
43.			08			" "			BLR	6:37.58		203	
50m:	43.18	43.18	150m:	2:23.24	51.36	250m:	4:07.55	51.84	350m:	5:49.47		50.79	
100m:	1:31.88	48.70	200m:	3:15.71	52.47	300m:	4:58.68	51.13	400m:	6:37.58		48.11	
44.			08						BLR	6:39.16		201	
50m:	41.81	41.81	150m:	2:24.17	52.52	250m:	4:06.65	51.08	350m:	5:51.92		52.13	
100m:	1:31.65	49.84	200m:	3:15.57	51.40	300m:	4:59.79	53.14	400m:	6:39.16		47.24	
45.			08			" "			BLR	6:42.37		196	
50m:	44.11	44.11	150m:	2:25.22	51.14	250m:	4:08.36	51.56	350m:	5:51.68		49.98	
100m:	1:34.08	49.97	200m:	3:16.80	51.58	300m:	5:01.70	53.34	400m:	6:42.37		50.69	
46.			08			" "			BLR	6:44.24		193	
50m:	43.02	43.02	150m:	2:25.51	52.48	250m:	4:10.96	52.72	350m:	5:56.70		52.93	
100m:	1:33.03	50.01	200m:	3:18.24	52.73	300m:	5:03.77	52.81	400m:	6:44.24		47.54	
47.			09			" "			BLR	6:47.59		189	
50m:	46.85	46.85	150m:	2:32.23	53.65	250m:	4:20.95	54.45	350m:	6:09.49		53.79	
100m:	1:38.58	51.73	200m:	3:26.50	54.27	300m:	5:15.70	54.75	400m:	6:47.59		38.10	



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48.			08	"	"	BLR	6:48.71	187				
	50m:	44.19	44.19	150m:	2:29.59	52.21	250m:	4:15.14	52.50	350m:	5:59.58	50.60
	100m:	1:37.38	53.19	200m:	3:22.64	53.05	300m:	5:08.98	53.84	400m:	6:48.71	49.13
49.			08	"	"	BLR	6:49.51	186				
	50m:	44.69	44.69	150m:	2:28.25	52.82	250m:	4:12.72	52.86	350m:	5:56.78	52.58
	100m:	1:35.43	50.74	200m:	3:19.86	51.61	300m:	5:04.20	51.48	400m:	6:49.51	52.73
50.			08	"	"	BLR	6:49.91	185				
	50m:	44.33	44.33	150m:	2:27.20	51.61	250m:	4:13.16	53.45	350m:	6:04.29	1:00.42
	100m:	1:35.59	51.26	200m:	3:19.71	52.51	300m:	5:03.87	50.71	400m:	6:49.91	45.62
51.			08	"	"	BLR	6:50.72	184				
	50m:	44.77	44.77	150m:	2:30.81	53.95	250m:	4:17.14	52.16	350m:	6:00.15	48.75
	100m:	1:36.86	52.09	200m:	3:24.98	54.17	300m:	5:11.40	54.26	400m:	6:50.72	50.57
52.			08	"	"	BLR	6:51.84	183				
	50m:	43.78	43.78	150m:	2:28.66	53.80	250m:	4:14.73	53.53	350m:	6:01.47	55.37
	100m:	1:34.86	51.08	200m:	3:21.20	52.54	300m:	5:06.10	51.37	400m:	6:51.84	50.37
53.			08	"	"	BLR	6:52.27	182				
	50m:	42.88	42.88	150m:	2:26.21	52.72	250m:	4:14.30	54.98	350m:	6:04.10	54.98
	100m:	1:33.49	50.61	200m:	3:19.32	53.11	300m:	5:09.12	54.82	400m:	6:52.27	48.17
54.			08	"	"	BLR	6:53.45	181				
	50m:	43.25	43.25	150m:	2:24.90	50.50	250m:	4:11.60	53.77	350m:	6:00.70	53.73
	100m:	1:34.40	51.15	200m:	3:17.83	52.93	300m:	5:06.97	55.37	400m:	6:53.45	52.75
55.			08	"	"	BLR	6:53.51	181				
	50m:	48.25	48.25	150m:	2:34.33	53.94	250m:	4:20.79	53.23	350m:	6:05.50	51.60
	100m:	1:40.39	52.14	200m:	3:27.56	53.23	300m:	5:13.90	53.11	400m:	6:53.51	48.01
56.			08	"	"	BLR	6:53.71	180				
	50m:	43.30	43.30	150m:	2:26.76	52.15	250m:	4:13.32	54.09	350m:	6:02.01	54.73
	100m:	1:34.61	51.31	200m:	3:19.23	52.47	300m:	5:07.28	53.96	400m:	6:53.71	51.70
57.			09	"	"	BLR	6:55.93	177				
	50m:	47.33	47.33	150m:	2:34.73	54.10	250m:	4:22.64	53.75	350m:	6:08.99	52.72
	100m:	1:40.63	53.30	200m:	3:28.89	54.16	300m:	5:16.27	53.63	400m:	6:55.93	46.94
58.			09	"	"	BLR	7:04.33	167				
	50m:	41.02	41.02	150m:	2:26.78	53.84	250m:	4:19.48	56.74	350m:	6:14.61	57.91
	100m:	1:32.94	51.92	200m:	3:22.74	55.96	300m:	5:16.70	57.22	400m:	7:04.33	49.72
59.			09	"	"	BLR	7:08.74	162				
	50m:	46.23	46.23	150m:	2:33.29	55.42	250m:	4:24.94	56.25	350m:	6:15.04	52.97
	100m:	1:37.87	51.64	200m:	3:28.69	55.40	300m:	5:22.07	57.13	400m:	7:08.74	53.70
60.			09	"	"	BLR	7:22.72	147				
	50m:	47.22	47.22	150m:	2:36.98	55.87	250m:	4:32.50	59.51	350m:	6:29.19	58.72
	100m:	1:41.11	53.89	200m:	3:32.99	56.01	300m:	5:30.47	57.97	400m:	7:22.72	53.53
61.			08	"	"	BLR	7:32.00	138				
	50m:	44.10	44.10	150m:	2:37.69	58.82	250m:	4:34.49	58.73	350m:	6:39.60	1:04.95
	100m:	1:38.87	54.77	200m:	3:35.76	58.07	300m:	5:34.65	1:00.16	400m:	7:32.00	52.40
62.			09	"	"	BLR	7:34.68	136				
	50m:	44.43	44.43	150m:	2:37.51	58.64	250m:	4:37.69	1:00.39	350m:		
	100m:	1:38.87	54.44	200m:	3:37.30	59.79	300m:	5:40.03	1:02.34	400m:	7:34.68	
63.			08	"	"	BLR	7:36.33	134				
	50m:	42.60	42.60	150m:	2:35.80	58.35	250m:	4:33.42	58.92	350m:	6:38.25	1:02.88
	100m:	1:37.45	54.85	200m:	3:34.50	58.70	300m:	5:35.37	1:01.95	400m:	7:36.33	58.08



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1, , 400m ,		/									
64.			08	"	"	BLR	7:38.53	132			
50m:	49.42	49.42	150m:	2:43.54	58.02	250m:	4:41.71	59.61	350m:	6:41.48	1:00.41
100m:	1:45.52	56.10	200m:	3:42.10	58.56	300m:	5:41.07	59.36	400m:	7:38.53	57.05
65.			08	"	"	BLR	8:01.14	114			
50m:	52.38	52.38	150m:	2:53.88	1:01.70	250m:	4:57.25	1:01.75	350m:	7:00.33	1:01.69
100m:	1:52.18	59.80	200m:	3:55.50	1:01.62	300m:	5:58.64	1:01.39	400m:	8:01.14	1:00.81
DSQ			08	"	"	BLR	7:54.24				
50m:	47.42	47.42	150m:	2:47.73	1:02.68	250m:	4:52.11	1:04.33	350m:	6:57.46	1:02.59
100m:	1:45.05	57.63	200m:	3:47.78	1:00.05	300m:	5:54.87	1:02.76	400m:	7:54.24	56.78
DNS			08	"	"	BLR					
DNS			09	"	"	BLR					
DNS			09	"	"	BLR					

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, 400m

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1.				06	"	"	BLR	4:19.39	547			
	50m:	28.88	28.88	150m:	1:33.22	32.56	250m:	2:40.11	33.51	350m:	3:47.88	33.89
	100m:	1:00.66	31.78	200m:	2:06.60	33.38	300m:	3:13.99	33.88	400m:	4:19.39	31.51
2.				06	"	"	BLR	4:32.95	470			
	50m:	30.04	30.04	150m:	1:37.95	34.63	250m:	2:48.18	35.18	350m:	3:58.78	35.22
	100m:	1:03.32	33.28	200m:	2:13.00	35.05	300m:	3:23.56	35.38	400m:	4:32.95	34.17
3.				06			BLR	4:37.16	449			
	50m:	32.10	32.10	150m:	1:43.53	35.62	250m:	2:55.62	35.85	350m:	4:05.02	33.77
	100m:	1:07.91	35.81	200m:	2:19.77	36.24	300m:	3:31.25	35.63	400m:	4:37.16	32.14
4.				07			BLR	4:37.44	447			
	50m:	31.51	31.51	150m:	1:41.61	35.33	250m:	2:53.09	35.55	350m:	4:03.87	35.01
	100m:	1:06.28	34.77	200m:	2:17.54	35.93	300m:	3:28.86	35.77	400m:	4:37.44	33.57
5.				07			BLR	4:39.18	439			
	50m:	30.57	30.57	150m:	1:41.42	35.85	250m:	2:53.57	35.92	350m:	4:04.75	34.91
	100m:	1:05.57	35.00	200m:	2:17.65	36.23	300m:	3:29.84	36.27	400m:	4:39.18	34.43
6.				06	"	"	BLR	4:41.41	429			
	50m:	29.98	29.98	150m:	1:39.71	35.42	250m:	2:52.40	36.22	350m:	4:06.11	37.09
	100m:	1:04.29	34.31	200m:	2:16.18	36.47	300m:	3:29.02	36.62	400m:	4:41.41	35.30
7.				06	"	"	BLR	4:44.10	416			
	50m:	31.26	31.26	150m:	1:42.90	36.27	250m:	2:56.13	36.77	350m:	4:08.97	36.58
	100m:	1:06.63	35.37	200m:	2:19.36	36.46	300m:	3:32.39	36.26	400m:	4:44.10	35.13
8.				06	"	"	BLR	4:44.16	416			
	50m:	30.01	30.01	150m:	1:41.81	36.34	250m:	2:55.42	37.23	350m:	4:09.12	36.79
	100m:	1:05.47	35.46	200m:	2:18.19	36.38	300m:	3:32.33	36.91	400m:	4:44.16	35.04
9.				06	"	"	BLR	4:49.22	395			
	50m:	31.77	31.77	150m:	1:44.30	36.41	250m:	2:58.52	37.13	350m:	4:13.34	37.22
	100m:	1:07.89	36.12	200m:	2:21.39	37.09	300m:	3:36.12	37.60	400m:	4:49.22	35.88
10.				06	"	"	BLR	4:50.90	388			
	50m:	31.26	31.26	150m:	1:44.54	37.33	250m:	3:00.11	37.83	350m:	4:14.79	37.03
	100m:	1:07.21	35.95	200m:	2:22.28	37.74	300m:	3:37.76	37.65	400m:	4:50.90	36.11
11.				06	"	"	BLR	4:51.17	387			
	50m:	32.05	32.05	150m:	1:44.92	37.07	250m:	3:00.33	37.71	350m:	4:15.32	36.94
	100m:	1:07.85	35.80	200m:	2:22.62	37.70	300m:	3:38.38	38.05	400m:	4:51.17	35.85
12.				06	"	"	BLR	4:51.71	385			
	50m:	31.28	31.28	150m:	1:44.33	37.11	250m:	2:59.15	37.11	350m:	4:14.78	37.57
	100m:	1:07.22	35.94	200m:	2:22.04	37.71	300m:	3:37.21	38.06	400m:	4:51.71	36.93
13.				06			BLR	4:52.55	381			
	50m:	31.87	31.87	150m:	1:47.47	38.29	250m:	3:02.87	37.67	350m:	4:17.00	36.61
	100m:	1:09.18	37.31	200m:	2:25.20	37.73	300m:	3:40.39	37.52	400m:	4:52.55	35.55
14.				06			BLR	4:52.59	381			
	50m:	31.69	31.69	150m:	1:46.49	38.37	250m:	3:03.28	38.18	350m:	4:18.60	36.87
	100m:	1:08.12	36.43	200m:	2:25.10	38.61	300m:	3:41.73	38.45	400m:	4:52.59	33.99
15.				06	"	"	BLR	4:53.43	378			
	50m:	32.51	32.51	150m:	1:46.79	38.00	250m:	3:03.75	38.59	350m:	4:19.22	37.52
	100m:	1:08.79	36.28	200m:	2:25.16	38.37	300m:	3:41.70	37.95	400m:	4:53.43	34.21



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2,		, 400m										
		/										
16.				06		"	"	BLR	4:54.11	375		
	50m:	31.66	31.66	150m:	1:46.99	38.22	250m:	3:03.39	38.13	350m:	4:19.63	37.78
	100m:	1:08.77	37.11	200m:	2:25.26	38.27	300m:	3:41.85	38.46	400m:	4:54.11	34.48
17.				06				BLR	4:54.76	373		
	50m:	33.99	33.99	150m:	1:49.99	37.80	250m:	3:05.61	37.36	350m:	4:20.25	36.73
	100m:	1:12.19	38.20	200m:	2:28.25	38.26	300m:	3:43.52	37.91	400m:	4:54.76	34.51
18.				06		"	"	BLR	4:56.19	367		
	50m:	32.07	32.07	150m:	1:46.53	38.17	250m:	3:03.29	38.46	350m:	4:19.75	38.44
	100m:	1:08.36	36.29	200m:	2:24.83	38.30	300m:	3:41.31	38.02	400m:	4:56.19	36.44
19.				07				BLR	4:56.99	365		
	50m:	31.96	31.96	150m:	1:46.98	38.38	250m:	3:03.62	38.32	350m:	4:20.14	38.25
	100m:	1:08.60	36.64	200m:	2:25.30	38.32	300m:	3:41.89	38.27	400m:	4:56.99	36.85
20.				06		"	"	BLR	5:00.17	353		
	50m:	32.47	32.47	150m:	1:47.10	37.94	250m:	3:04.97	38.77	350m:	4:22.78	39.09
	100m:	1:09.16	36.69	200m:	2:26.20	39.10	300m:	3:43.69	38.72	400m:	5:00.17	37.39
21.				06		"	"	BLR	5:01.00	350		
	50m:	32.67	32.67	150m:	1:50.37	39.92	250m:	3:08.56	38.71	350m:	4:26.68	38.90
	100m:	1:10.45	37.78	200m:	2:29.85	39.48	300m:	3:47.78	39.22	400m:	5:01.00	34.32
22.				06				BLR	5:01.07	350		
	50m:	33.80	33.80	150m:	1:50.22	37.60	250m:	3:09.63	40.02	350m:	4:27.92	39.27
	100m:	1:12.62	38.82	200m:	2:29.61	39.39	300m:	3:48.65	39.02	400m:	5:01.07	33.15
23.				07		"	"	BLR	5:01.47	348		
	50m:	33.30	33.30	150m:	1:51.23	39.62	250m:	3:09.46	38.44	350m:	4:27.07	38.26
	100m:	1:11.61	38.31	200m:	2:31.02	39.79	300m:	3:48.81	39.35	400m:	5:01.47	34.40
24.				06		"	"	BLR	5:01.54	348		
	50m:	32.70	32.70	150m:	1:47.31	38.13	250m:	3:06.41	40.21	350m:	4:25.82	40.02
	100m:	1:09.18	36.48	200m:	2:26.20	38.89	300m:	3:45.80	39.39	400m:	5:01.54	35.72
25.				06				BLR	5:01.87	347		
	50m:	33.82	33.82	150m:	1:51.69	38.92	250m:	3:09.19	38.90	350m:	4:25.91	38.09
	100m:	1:12.77	38.95	200m:	2:30.29	38.60	300m:	3:47.82	38.63	400m:	5:01.87	35.96
26.				07		"	"	BLR	5:02.39	345		
	50m:	32.90	32.90	150m:	1:51.58	39.21	250m:	3:09.75	39.44	350m:	4:27.18	38.71
	100m:	1:12.37	39.47	200m:	2:30.31	38.73	300m:	3:48.47	38.72	400m:	5:02.39	35.21
27.				06		"	"	BLR	5:02.97	343		
	50m:	32.31	32.31	150m:	1:48.05	38.77	250m:	3:06.87	39.46	350m:	4:25.80	39.63
	100m:	1:09.28	36.97	200m:	2:27.41	39.36	300m:	3:46.17	39.30	400m:	5:02.97	37.17
28.				06		"	"	BLR	5:03.51	341		
	50m:	31.29	31.29	150m:	1:46.97	38.83	250m:	3:06.67	40.17	350m:	4:28.28	41.18
	100m:	1:08.14	36.85	200m:	2:26.50	39.53	300m:	3:47.10	40.43	400m:	5:03.51	35.23
29.				06		"	"	BLR	5:05.94	333		
	50m:	32.14	32.14	150m:	1:47.02	38.34	250m:	3:05.98	39.82	350m:	4:27.30	41.12
	100m:	1:08.68	36.54	200m:	2:26.16	39.14	300m:	3:46.18	40.20	400m:	5:05.94	38.64
30.				07		"	"	BLR	5:06.43	332		
	50m:	33.98	33.98	150m:	1:51.58	39.48	250m:	3:11.11	39.66	350m:	4:29.93	39.17
	100m:	1:12.10	38.12	200m:	2:31.45	39.87	300m:	3:50.76	39.65	400m:	5:06.43	36.50
31.				06				BLR	5:06.46	332		
	50m:	34.48	34.48	150m:	1:52.43	39.25	250m:	3:10.32	39.09	350m:	4:28.64	38.91
	100m:	1:13.18	38.70	200m:	2:31.23	38.80	300m:	3:49.73	39.41	400m:	5:06.46	37.82



2, , 400m													
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32.				06				BLR	5:07.01		330		
	50m:	31.90	31.90	150m:	1:46.74	38.55	250m:	3:06.08	40.28	350m:	4:27.96	40.89	
	100m:	1:08.19	36.29	200m:	2:25.80	39.06	300m:	3:47.07	40.99	400m:	5:07.01	39.05	
33.				06				BLR	5:07.13		330		
	50m:	33.47	33.47	150m:	1:53.44	40.79	250m:	3:13.96	40.25	350m:	4:29.32	36.38	
	100m:	1:12.65	39.18	200m:	2:33.71	40.27	300m:	3:52.94	38.98	400m:	5:07.13	37.81	
34.				06				BLR	5:07.54		328		
	50m:	35.04	35.04	150m:	1:53.03	38.91	250m:	3:12.06	39.56	350m:	4:30.17	39.01	
	100m:	1:14.12	39.08	200m:	2:32.50	39.47	300m:	3:51.16	39.10	400m:	5:07.54	37.37	
35.				06			" "	BLR	5:07.61		328		
	50m:	33.18	33.18	150m:	1:51.47	39.90	250m:	3:10.39	39.68	350m:	4:30.60	39.86	
	100m:	1:11.57	38.39	200m:	2:30.71	39.24	300m:	3:50.74	40.35	400m:	5:07.61	37.01	
36.				06			" "	BLR	5:08.16		326		
	50m:	33.41	33.41	150m:	1:50.87	39.85	250m:	3:11.51	39.84	350m:	4:32.13	39.72	
	100m:	1:11.02	37.61	200m:	2:31.67	40.80	300m:	3:52.41	40.90	400m:	5:08.16	36.03	
37.				06			" "	BLR	5:08.55		325		
	50m:	32.50	32.50	150m:	1:49.62	39.02	250m:	3:09.73	40.86	350m:	4:29.87	40.14	
	100m:	1:10.60	38.10	200m:	2:28.87	39.25	300m:	3:49.73	40.00	400m:	5:08.55	38.68	
				07			" "	BLR	5:08.55		325		
	50m:	34.02	34.02	150m:	1:51.34	39.17	250m:	3:11.16	40.12	350m:	4:30.76	39.70	
	100m:	1:12.17	38.15	200m:	2:31.04	39.70	300m:	3:51.06	39.90	400m:	5:08.55	37.79	
39.				06			" "	BLR	5:08.70		325		
	50m:	33.37	33.37	150m:	1:52.91	40.75	250m:	3:13.10	39.48	350m:	4:31.67	38.17	
	100m:	1:12.16	38.79	200m:	2:33.62	40.71	300m:	3:53.50	40.40	400m:	5:08.70	37.03	
40.				06				BLR	5:09.65		322		
	50m:	34.15	34.15	150m:	1:53.04	40.22	250m:	3:11.90	39.80	350m:	4:31.69	39.91	
	100m:	1:12.82	38.67	200m:	2:32.10	39.06	300m:	3:51.78	39.88	400m:	5:09.65	37.96	
41.				07				BLR	5:10.37		319		
	50m:	33.99	33.99	150m:	1:51.80	39.44	250m:	3:10.87	39.59	350m:	4:31.82	40.24	
	100m:	1:12.36	38.37	200m:	2:31.28	39.48	300m:	3:51.58	40.71	400m:	5:10.37	38.55	
42.				07				BLR	5:11.02		317		
	50m:	34.09	34.09	150m:	1:52.09	39.98	250m:	3:11.72	39.94	350m:	4:32.83	40.53	
	100m:	1:12.11	38.02	200m:	2:31.78	39.69	300m:	3:52.30	40.58	400m:	5:11.02	38.19	
43.				07			" "	BLR	5:11.10		317		
	50m:	35.52	35.52	150m:	1:55.25	40.29	250m:	3:15.49	40.54	350m:	4:34.83	39.48	
	100m:	1:14.96	39.44	200m:	2:34.95	39.70	300m:	3:55.35	39.86	400m:	5:11.10	36.27	
44.				06			" "	BLR	5:11.23		317		
	50m:	34.59	34.59	150m:	1:53.01	39.87	250m:	3:13.85	40.71	350m:	4:34.41	39.63	
	100m:	1:13.14	38.55	200m:	2:33.14	40.13	300m:	3:54.78	40.93	400m:	5:11.23	36.82	
45.				06			" "	BLR	5:11.40		316		
	50m:	34.29	34.29	150m:	1:53.95	40.41	250m:	3:13.31	39.80	350m:	4:34.01	40.52	
	100m:	1:13.54	39.25	200m:	2:33.51	39.56	300m:	3:53.49	40.18	400m:	5:11.40	37.39	
46.				06				BLR	5:11.66		315		
	50m:	35.29	35.29	150m:	1:53.72	39.43	250m:	3:14.40	40.65	350m:	4:34.98	39.82	
	100m:	1:14.29	39.00	200m:	2:33.75	40.03	300m:	3:55.16	40.76	400m:	5:11.66	36.68	
47.				07			" "	BLR	5:11.71		315		
	50m:	34.03	34.03	150m:	1:53.37	39.73	250m:	3:13.04	39.37	350m:	4:33.48	40.19	
	100m:	1:13.64	39.61	200m:	2:33.67	40.30	300m:	3:53.29	40.25	400m:	5:11.71	38.23	



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2, , 400m												
		/										
48.			06		" "			BLR	5:11.87	315		
	50m:	34.39	34.39	150m:	1:54.14	40.25	250m:	3:15.36	40.70	350m:	4:35.57	40.21
	100m:	1:13.89	39.50	200m:	2:34.66	40.52	300m:	3:55.36	40.00	400m:	5:11.87	36.30
49.			07		" "			BLR	5:13.56	310		
	50m:	34.55	34.55	150m:	1:54.97	40.94	250m:	3:16.99	40.91	350m:	4:36.57	39.48
	100m:	1:14.03	39.48	200m:	2:36.08	41.11	300m:	3:57.09	40.10	400m:	5:13.56	36.99
50.			06		" "			BLR	5:13.66	309		
	50m:	33.12	33.12	150m:	1:50.99	39.66	250m:	3:12.55	41.05	350m:	4:34.44	41.23
	100m:	1:11.33	38.21	200m:	2:31.50	40.51	300m:	3:53.21	40.66	400m:	5:13.66	39.22
51.			07		" "			BLR	5:14.42	307		
	50m:	34.45	34.45	150m:	1:56.07	41.20	250m:	3:16.89	40.24	350m:	4:37.21	39.99
	100m:	1:14.87	40.42	200m:	2:36.65	40.58	300m:	3:57.22	40.33	400m:	5:14.42	37.21
52.			07		" "			BLR	5:15.67	303		
	50m:	35.60	35.60	150m:	1:54.87	40.07	250m:	3:15.94	40.56	350m:	4:36.87	40.66
	100m:	1:14.80	39.20	200m:	2:35.38	40.51	300m:	3:56.21	40.27	400m:	5:15.67	38.80
53.			06		" "			BLR	5:16.03	302		
	50m:	35.34	35.34	150m:	1:54.44	39.82	250m:	3:14.76	40.11	350m:	4:36.99	40.81
	100m:	1:14.62	39.28	200m:	2:34.65	40.21	300m:	3:56.18	41.42	400m:	5:16.03	39.04
54.			06		" "			BLR	5:16.82	300		
	50m:	32.60	32.60	150m:	1:50.96	40.40	250m:	3:13.89	41.49	350m:	4:36.63	41.48
	100m:	1:10.56	37.96	200m:	2:32.40	41.44	300m:	3:55.15	41.26	400m:	5:16.82	40.19
55.			07		" "			BLR	5:17.39	299		
	50m:	35.23	35.23	150m:	1:56.54	41.55	250m:	3:20.39	42.13	350m:	4:41.80	39.77
	100m:	1:14.99	39.76	200m:	2:38.26	41.72	300m:	4:02.03	41.64	400m:	5:17.39	35.59
56.			06		" "			BLR	5:17.83	297		
	50m:	33.10	33.10	150m:	1:53.47	40.67	250m:	3:15.35	40.91	350m:	4:38.34	41.31
	100m:	1:12.80	39.70	200m:	2:34.44	40.97	300m:	3:57.03	41.68	400m:	5:17.83	39.49
57.			06		" "			BLR	5:17.98	297		
	50m:	35.15	35.15	150m:	1:55.79	40.76	250m:	3:16.99	40.53	350m:	4:38.66	40.58
	100m:	1:15.03	39.88	200m:	2:36.46	40.67	300m:	3:58.08	41.09	400m:	5:17.98	39.32
58.			07		" "			BLR	5:18.13	296		
	50m:	34.76	34.76	150m:	1:57.17	41.83	250m:	3:18.91	40.97	350m:	4:41.08	40.83
	100m:	1:15.34	40.58	200m:	2:37.94	40.77	300m:	4:00.25	41.34	400m:	5:18.13	37.05
59.			06		" "			BLR	5:18.30	296		
	50m:	31.86	31.86	150m:	1:48.12	38.20	250m:	3:11.27	41.77	350m:	4:36.74	42.58
	100m:	1:09.92	38.06	200m:	2:29.50	41.38	300m:	3:54.16	42.89	400m:	5:18.30	41.56
60.			06		" "			BLR	5:18.41	296		
	50m:	35.08	35.08	150m:	1:54.88	40.58	250m:	3:16.39	40.24	350m:	4:38.04	40.91
	100m:	1:14.30	39.22	200m:	2:36.15	41.27	300m:	3:57.13	40.74	400m:	5:18.41	40.37
61.			06		" "			BLR	5:18.92	294		
	50m:	34.05	34.05	150m:	1:56.92	41.59	250m:	3:19.32	41.13	350m:	4:41.02	39.61
	100m:	1:15.33	41.28	200m:	2:38.19	41.27	300m:	4:01.41	42.09	400m:	5:18.92	37.90
62.			06		" "			BLR	5:19.85	292		
	50m:	36.71	36.71	150m:	1:58.97	41.99	250m:	3:22.07	41.05	350m:	4:43.04	39.97
	100m:	1:16.98	40.27	200m:	2:41.02	42.05	300m:	4:03.07	41.00	400m:	5:19.85	36.81
63.			07		" "			BLR	5:19.96	291		
	50m:	35.46	35.46	150m:	1:57.23	41.98	250m:	3:20.97	41.60	350m:	4:42.74	40.19
	100m:	1:15.25	39.79	200m:	2:39.37	42.14	300m:	4:02.55	41.58	400m:	5:19.96	37.22



2, , 400m												
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64.			06		" "		BLR	5:20.54		290		
	50m:	34.31	34.31	150m:	1:55.57	41.28	250m:	3:17.96	40.81	350m:	4:40.76	41.16
	100m:	1:14.29	39.98	200m:	2:37.15	41.58	300m:	3:59.60	41.64	400m:	5:20.54	39.78
65.			07		" "		BLR	5:21.31		288		
	50m:	34.25	34.25	150m:	1:56.18	41.50	250m:	3:20.44	42.16	350m:	4:43.25	42.03
	100m:	1:14.68	40.43	200m:	2:38.28	42.10	300m:	4:01.22	40.78	400m:	5:21.31	38.06
66.			08		" "		BLR	5:22.11		286		
	50m:	34.82	34.82	150m:	1:55.11	40.98	250m:	3:18.07	42.07	350m:	4:41.97	41.96
	100m:	1:14.13	39.31	200m:	2:36.00	40.89	300m:	4:00.01	41.94	400m:	5:22.11	40.14
67.			06		" "		BLR	5:22.52		285		
	50m:	34.56	34.56	150m:	1:54.48	40.71	250m:	3:17.45	41.62	350m:	4:41.99	42.04
	100m:	1:13.77	39.21	200m:	2:35.83	41.35	300m:	3:59.95	42.50	400m:	5:22.52	40.53
68.			06				BLR	5:22.85		284		
	50m:	33.92	33.92	150m:	1:55.88	41.89	250m:	3:20.29	42.00	350m:	4:44.69	42.77
	100m:	1:13.99	40.07	200m:	2:38.29	42.41	300m:	4:01.92	41.63	400m:	5:22.85	38.16
69.			07				BLR	5:23.05		283		
	50m:	36.60	36.60	150m:	1:58.70	41.17	250m:	3:21.74	41.85	350m:	4:43.66	40.66
	100m:	1:17.53	40.93	200m:	2:39.89	41.19	300m:	4:03.00	41.26	400m:	5:23.05	39.39
70.			06		" "		BLR	5:23.31		282		
	50m:	33.36	33.36	150m:	1:54.25	41.49	250m:	3:17.41	42.00	350m:	4:41.76	42.31
	100m:	1:12.76	39.40	200m:	2:35.41	41.16	300m:	3:59.45	42.04	400m:	5:23.31	41.55
71.			07				BLR	5:23.88		281		
	50m:	36.13	36.13	150m:	1:58.53	41.62	250m:	3:22.10	41.44	350m:	4:44.46	41.33
	100m:	1:16.91	40.78	200m:	2:40.66	42.13	300m:	4:03.13	41.03	400m:	5:23.88	39.42
72.			07		" "		BLR	5:24.37		280		
	50m:	34.79	34.79	150m:	1:55.85	41.33	250m:	3:20.41	42.44	350m:	4:44.91	42.68
	100m:	1:14.52	39.73	200m:	2:37.97	42.12	300m:	4:02.23	41.82	400m:	5:24.37	39.46
73.			06				BLR	5:24.59		279		
	50m:	36.36	36.36	150m:	2:00.66	43.12	250m:	3:26.99	42.54	350m:	4:49.34	39.08
	100m:	1:17.54	41.18	200m:	2:44.45	43.79	300m:	4:10.26	43.27	400m:	5:24.59	35.25
74.			07				BLR	5:24.77		279		
	50m:	35.55	35.55	150m:	1:56.68	41.20	250m:	3:19.76	42.03	350m:	4:44.26	42.22
	100m:	1:15.48	39.93	200m:	2:37.73	41.05	300m:	4:02.04	42.28	400m:	5:24.77	40.51
75.			06				BLR	5:26.32		275		
	50m:	35.48	35.48	150m:	1:58.55	42.72	250m:	3:23.23	41.82	350m:	4:48.67	41.70
	100m:	1:15.83	40.35	200m:	2:41.41	42.86	300m:	4:06.97	43.74	400m:	5:26.32	37.65
76.			06				BLR	5:26.56		274		
	50m:	35.77	35.77	150m:	1:59.05	42.78	250m:	3:24.05	42.55	350m:	4:49.20	41.98
	100m:	1:16.27	40.50	200m:	2:41.50	42.45	300m:	4:07.22	43.17	400m:	5:26.56	37.36
77.			07		" "		BLR	5:28.97		268		
	50m:	36.76	36.76	150m:	2:00.47	41.88	250m:	3:25.18	41.90	350m:	4:50.45	42.55
	100m:	1:18.59	41.83	200m:	2:43.28	42.81	300m:	4:07.90	42.72	400m:	5:28.97	38.52
78.			07		" "		BLR	5:30.51		264		
	50m:	35.45	35.45	150m:	1:57.73	41.78	250m:	3:22.74	42.54	350m:	4:49.21	43.36
	100m:	1:15.95	40.50	200m:	2:40.20	42.47	300m:	4:05.85	43.11	400m:	5:30.51	41.30
79.			06		" "		BLR	5:30.62		264		
	50m:	35.53	35.53	150m:	1:59.23	42.12	250m:	3:24.43	42.93	350m:	4:49.80	42.59
	100m:	1:17.11	41.58	200m:	2:41.50	42.27	300m:	4:07.21	42.78	400m:	5:30.62	40.82



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2, , 400m															
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80.				06				BLR	5:30.91	263					
	50m:	35.75	35.75	150m:	2:00.82	42.96	250m:	3:26.90	42.83	350m:	4:51.91	42.39			
	100m:	1:17.86	42.11	200m:	2:44.07	43.25	300m:	4:09.52	42.62	400m:	5:30.91	39.00			
81.				06			" "	BLR	5:31.43	262					
	50m:	35.34	35.34	150m:	1:57.59	42.06	250m:	3:24.19	43.58	350m:	4:51.21	43.51			
	100m:	1:15.53	40.19	200m:	2:40.61	43.02	300m:	4:07.70	43.51	400m:	5:31.43	40.22			
82.				06				BLR	5:32.37	260					
	50m:	36.65	36.65	150m:	2:00.40	42.14	250m:	3:27.27	43.98	350m:	4:51.79	42.56			
	100m:	1:18.26	41.61	200m:	2:43.29	42.89	300m:	4:09.23	41.96	400m:	5:32.37	40.58			
83.				07				BLR	5:34.06	256					
	50m:	36.04	36.04	150m:	2:00.98	43.39	250m:	3:26.36	42.81	350m:	4:52.79	43.33			
	100m:	1:17.59	41.55	200m:	2:43.55	42.57	300m:	4:09.46	43.10	400m:	5:34.06	41.27			
84.				07				BLR	5:34.66	255					
	50m:	36.76	36.76	150m:	2:02.07	43.51	250m:	3:27.79	42.94	350m:	4:54.02	42.86			
	100m:	1:18.56	41.80	200m:	2:44.85	42.78	300m:	4:11.16	43.37	400m:	5:34.66	40.64			
85.				07		" "		BLR	5:34.73	254					
	50m:	36.39	36.39	150m:	2:01.27	43.07	250m:	3:27.89	43.37	350m:	4:55.54	43.67			
	100m:	1:18.20	41.81	200m:	2:44.52	43.25	300m:	4:11.87	43.98	400m:	5:34.73	39.19			
86.				07				BLR	5:34.83	254					
	50m:	38.88	38.88	150m:	2:05.26	43.76	250m:	3:32.45	43.12	350m:	4:57.14	41.55			
	100m:	1:21.50	42.62	200m:	2:49.33	44.07	300m:	4:15.59	43.14	400m:	5:34.83	37.69			
87.				08		" "		BLR	5:34.85	254					
	50m:	37.40	37.40	150m:	2:05.44	44.27	250m:	3:32.06	44.59	350m:	4:57.48	41.55			
	100m:	1:21.17	43.77	200m:	2:47.47	42.03	300m:	4:15.93	43.87	400m:	5:34.85	37.37			
88.				08				BLR	5:35.81	252					
	50m:	36.73	36.73	150m:	2:01.06	43.11	250m:	3:30.21	44.77	350m:	4:58.34	43.50			
	100m:	1:17.95	41.22	200m:	2:45.44	44.38	300m:	4:14.84	44.63	400m:	5:35.81	37.47			
89.				07		" "		BLR	5:36.86	250					
	50m:	37.33	37.33	150m:	2:02.68	43.71	250m:	3:30.10	44.11	350m:	4:57.26	43.36			
	100m:	1:18.97	41.64	200m:	2:45.99	43.31	300m:	4:13.90	43.80	400m:	5:36.86	39.60			
90.				06		" "		BLR	5:39.25	244					
	50m:	33.55	33.55	150m:	1:54.04	41.75	250m:	3:20.22	44.48	350m:	4:52.93	48.40			
	100m:	1:12.29	38.74	200m:	2:35.74	41.70	300m:	4:04.53	44.31	400m:	5:39.25	46.32			
91.				07		" "		BLR	5:40.64	241					
	50m:	36.60	36.60	150m:	2:02.59	43.88	250m:	3:31.91	44.93	350m:	4:59.84	43.93			
	100m:	1:18.71	42.11	200m:	2:46.98	44.39	300m:	4:15.91	44.00	400m:	5:40.64	40.80			
92.				06				BLR	5:40.67	241					
	50m:	37.51	37.51	150m:	2:04.45	43.90	250m:	3:33.56	44.29	350m:	5:01.66	44.05			
	100m:	1:20.55	43.04	200m:	2:49.27	44.82	300m:	4:17.61	44.05	400m:	5:40.67	39.01			
93.				06		" "		BLR	5:40.99	241					
	50m:	35.53	35.53	150m:	2:02.83	44.70	250m:	3:31.93	44.21	350m:	4:59.86	43.67			
	100m:	1:18.13	42.60	200m:	2:47.72	44.89	300m:	4:16.19	44.26	400m:	5:40.99	41.13			
94.						" "		BLR	5:42.31	238					
	50m:	36.10	36.10	150m:	2:04.71	45.68	250m:	3:34.69	45.07	350m:	5:02.58	43.58			
	100m:	1:19.03	42.93	200m:	2:49.62	44.91	300m:	4:19.00	44.31	400m:	5:42.31	39.73			
95.				07		" "		BLR	5:42.53	237					
	50m:	37.19	37.19	150m:	2:04.36	44.21	250m:	3:34.13	45.17	350m:	5:02.45	43.79			
	100m:	1:20.15	42.96	200m:	2:48.96	44.60	300m:	4:18.66	44.53	400m:	5:42.53	40.08			



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2, , 400m												
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96.				07	"	"		BLR	5:43.42	236		
	50m:	35.75	35.75	150m:	2:01.16	44.28	250m:	3:32.07	46.76	350m:	4:59.63	42.89
	100m:	1:16.88	41.13	200m:	2:45.31	44.15	300m:	4:16.74	44.67	400m:	5:43.42	43.79
97.				07				BLR	5:44.96	232		
	50m:	37.36	37.36	150m:	2:04.50	43.77	250m:	3:33.17	43.91	350m:	5:03.00	44.92
	100m:	1:20.73	43.37	200m:	2:49.26	44.76	300m:	4:18.08	44.91	400m:	5:44.96	41.96
98.				06				BLR	5:45.87	231		
	50m:	35.27	35.27	150m:	2:00.22	43.71	250m:	3:30.19	44.90	350m:	5:01.77	46.43
	100m:	1:16.51	41.24	200m:	2:45.29	45.07	300m:	4:15.34	45.15	400m:	5:45.87	44.10
99.				08				BLR	5:48.55	225		
	50m:	36.43	36.43	150m:	2:02.98	44.39	250m:	3:34.48	45.89	350m:	5:06.45	45.95
	100m:	1:18.59	42.16	200m:	2:48.59	45.61	300m:	4:20.50	46.02	400m:	5:48.55	42.10
100.				07				BLR	5:51.01	221		
	50m:	38.10	38.10	150m:	2:07.59	45.60	250m:	3:38.75	45.95	350m:	5:09.80	45.56
	100m:	1:21.99	43.89	200m:	2:52.80	45.21	300m:	4:24.24	45.49	400m:	5:51.01	41.21
101.				06	"	"		BLR	5:51.60	219		
	50m:	38.00	38.00	150m:	2:07.57	45.24	250m:	3:39.38	45.61	350m:	5:10.28	45.11
	100m:	1:22.33	44.33	200m:	2:53.77	46.20	300m:	4:25.17	45.79	400m:	5:51.60	41.32
102.				07	"	"		BLR	5:53.49	216		
	50m:	38.69	38.69	150m:	2:09.18	45.57	250m:	3:40.46	45.30	350m:	5:10.73	44.91
	100m:	1:23.61	44.92	200m:	2:55.16	45.98	300m:	4:25.82	45.36	400m:	5:53.49	42.76
103.				06	"	"		BLR	5:53.60	216		
	50m:	35.77	35.77	150m:	2:01.72	44.02	250m:	3:34.50	46.78	350m:	5:09.11	47.20
	100m:	1:17.70	41.93	200m:	2:47.72	46.00	300m:	4:21.91	47.41	400m:	5:53.60	44.49
104.				07	"	"		BLR	5:57.18	209		
	50m:	37.55	37.55	150m:	2:06.11	45.18	250m:	3:39.85	47.17	350m:	5:14.16	47.53
	100m:	1:20.93	43.38	200m:	2:52.68	46.57	300m:	4:26.63	46.78	400m:	5:57.18	43.02
105.				06	"	"		BLR	5:59.17	206		
	50m:	39.79	39.79	150m:	2:11.94	46.39	250m:	3:45.16	46.78	350m:	5:16.38	45.06
	100m:	1:25.55	45.76	200m:	2:58.38	46.44	300m:	4:31.32	46.16	400m:	5:59.17	42.79
106.				09	"	"		BLR	6:02.48	200		
	50m:	39.00	39.00	150m:	2:12.60	48.27	250m:	3:46.89	47.89	350m:	5:20.20	47.13
	100m:	1:24.33	45.33	200m:	2:59.00	46.40	300m:	4:33.07	46.18	400m:	6:02.48	42.28
107.				07				BLR	6:03.16	199		
	50m:	40.19	40.19	150m:	2:12.22	46.48	250m:	3:45.79	46.93	350m:	5:17.44	45.92
	100m:	1:25.74	45.55	200m:	2:58.86	46.64	300m:	4:31.52	45.73	400m:	6:03.16	45.72
108.				07				BLR	6:07.01	193		
	50m:	38.58	38.58	150m:	2:11.78	47.34	250m:	3:45.32	46.05	350m:	5:19.00	46.03
	100m:	1:24.44	45.86	200m:	2:59.27	47.49	300m:	4:32.97	47.65	400m:	6:07.01	48.01
109.				08				BLR	6:07.98	191		
	50m:	40.65	40.65	150m:	2:13.88	46.82	250m:	3:50.94	47.91	350m:	5:27.15	49.40
	100m:	1:27.06	46.41	200m:	3:03.03	49.15	300m:	4:37.75	46.81	400m:	6:07.98	40.83
110.				09	"	"		BLR	6:10.67	187		
	50m:	39.50	39.50	150m:	2:13.66	47.99	250m:	3:48.68	48.01	350m:	5:24.56	47.59
	100m:	1:25.67	46.17	200m:	3:00.67	47.01	300m:	4:36.97	48.29	400m:	6:10.67	46.11
111.				07	"	"		BLR	6:23.92	168		
	50m:	39.42	39.42	150m:	2:16.51	50.14	250m:	3:55.70	50.20	350m:	5:37.00	51.09
	100m:	1:26.37	46.95	200m:	3:05.50	48.99	300m:	4:45.91	50.21	400m:	6:23.92	46.92



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2, , 400m

DSQ			06	"	"	BLR	4:54.60		
50m:	32.12	32.12	150m:	1:48.61	38.73	250m:	3:04.90	37.98	350m: 4:20.06 37.38
100m:	1:09.88	37.76	200m:	2:26.92	38.31	300m:	3:42.68	37.78	400m: 4:54.60 34.54
DSQ			07	"	"	BLR	5:36.85		
50m:	39.05	39.05	150m:	2:11.58	48.32	250m:	3:18.15	15.17	350m: 5:15.38 27.69
100m:	1:23.26	44.21	200m:	3:02.98	51.40	300m:	4:47.69	1:29.54	400m: 5:36.85 21.47
DSQ			06	"	"	BLR	5:54.53		
50m:	38.46	38.46	150m:	2:08.66	45.45	250m:	3:41.02	45.83	350m: 5:10.66 45.23
100m:	1:23.21	44.75	200m:	2:55.19	46.53	300m:	4:25.43	44.41	400m: 5:54.53 43.87
DNS			06			BLR			
DNS			06			BLR			