

20  
 14.02.2019 - 15:00

, 400m

15 - 16

: FINA 2018

1.				04						<b>4:44.04</b>	632	
	50m:	29.20	29.20	150m:	1:41.37	38.23	250m:	2:59.42	41.71	350m:	4:12.43	31.15
	100m:	1:03.14	33.94	200m:	2:17.71	36.34	300m:	3:41.28	41.86	400m:	4:44.04	31.61
2.				03						<b>4:54.47</b>	567	
	50m:	29.23	29.23	150m:	1:41.78	37.82	250m:	3:03.46	43.65	350m:	4:21.55	34.49
	100m:	1:03.96	34.73	200m:	2:19.81	38.03	300m:	3:47.06	43.60	400m:	4:54.47	32.92
3.				03						<b>4:56.50</b>	556	
	50m:	30.69	30.69	150m:	1:45.22	35.62	250m:	3:04.50	41.95	350m:	4:22.83	34.85
	100m:	1:09.60	38.91	200m:	2:22.55	37.33	300m:	3:47.98	43.48	400m:	4:56.50	33.67
4.				03						<b>4:57.95</b>	548	
	50m:	29.80	29.80	150m:	1:44.33	40.11	250m:	3:07.38	43.28	350m:	4:24.31	34.49
	100m:	1:04.22	34.42	200m:	2:24.10	39.77	300m:	3:49.82	42.44	400m:	4:57.95	33.64
5.				03						<b>5:09.68</b>	488	
	50m:	33.12	33.12	150m:	1:54.31	41.57	250m:	3:17.88	43.24	350m:	4:36.77	36.36
	100m:	1:12.74	39.62	200m:	2:34.64	40.33	300m:	4:00.41	42.53	400m:	5:09.68	32.91
6.				03						<b>5:10.00</b>	486	
	50m:			150m:			250m:			350m:		
	100m:	1:10.05		200m:	2:30.55		300m:	4:00.86		400m:	5:10.00	
7.				03						<b>5:15.21</b>	462	
	50m:	31.39	31.39	150m:	1:52.03	42.88	250m:	3:18.64	45.35	350m:		
	100m:	1:09.15	37.76	200m:	2:33.29	41.26	300m:	4:05.94	47.30	400m:	5:15.21	
8.				04						<b>5:16.60</b>	456	
	50m:	34.66	34.66	150m:	1:54.68	38.51	250m:	3:20.87	45.40	350m:	4:42.02	35.87
	100m:	1:16.17	41.51	200m:	2:35.47	40.79	300m:	4:06.15	45.28	400m:	5:16.60	34.58
9.				04						<b>5:19.33</b>	445	
	50m:	32.62	32.62	150m:	3:22.75	2:12.54	250m:			350m:		
	100m:	1:10.21	37.59	200m:	4:07.72	44.97	300m:			400m:	5:19.33	
10.				04						<b>5:20.64</b>	439	
	50m:			150m:			250m:			350m:	4:44.36	37.79
	100m:			200m:			300m:	4:06.57		400m:	5:20.64	36.28
11.				03						<b>5:28.44</b>	409	
	50m:	34.01	34.01	150m:	1:55.14	42.35	250m:	3:23.71	47.86	350m:	4:49.22	38.42
	100m:	1:12.79	38.78	200m:	2:35.85	40.71	300m:	4:10.80	47.09	400m:	5:28.44	39.22
12.				04						<b>5:30.79</b>	400	
	50m:	34.54	34.54	150m:	2:01.76	43.36	250m:			350m:	4:55.40	
	100m:	1:18.40	43.86	200m:	2:44.24	42.48	300m:	5:31.15		400m:	5:30.79	35.39
13.				03						<b>5:31.97</b>	396	
	50m:	31.37	31.37	150m:	1:53.49	43.05	250m:	3:24.68	49.05	350m:	4:53.69	40.39
	100m:	1:10.44	39.07	200m:	2:35.63	42.14	300m:	4:13.30	48.62	400m:	5:31.97	38.28
14.				03						<b>5:32.14</b>	395	
	50m:	33.51	33.51	150m:	1:56.72	43.79	250m:	3:25.83	45.02	350m:	4:53.51	39.60
	100m:	1:12.93	39.42	200m:	2:40.81	44.09	300m:	4:13.91	48.08	400m:	5:32.14	38.63
15.				03						<b>5:44.78</b>	353	
	50m:	33.50	33.50	150m:	1:57.45	43.12	250m:	3:30.81	51.75	350m:		
	100m:	1:14.33	40.83	200m:	2:39.06	41.61	300m:	4:23.04	52.23	400m:	5:44.78	
16.				03						<b>5:45.36</b>	351	
	50m:	32.51	32.51	150m:	1:58.76	45.09	250m:	3:34.69	53.47	350m:	5:08.10	40.40
	100m:	1:13.67	41.16	200m:	2:41.22	42.46	300m:	4:27.70	53.01	400m:	5:45.36	37.26

20, , 400m

EXH					05					<b>5:10.79</b>	482	
	50m:	31.71	31.71	150m:	3:15.76	2:07.31	250m:		350m:			
	100m:	1:08.45	36.74	200m:	2:30.22		300m:	4:01.55	400m:	5:10.79		
EXH					05					<b>5:21.50</b>	436	
	50m:	32.67	32.67	150m:	1:54.45	42.72	250m:	3:21.52	43.94	350m:	4:44.03	38.67
	100m:	1:11.73	39.06	200m:	2:37.58	43.13	300m:	4:05.36	43.84	400m:	5:21.50	37.47