

18 , 400m 15 - 16
 14.02.2019 - 15:00

: FINA 2018

1.				03						4:25.09	572	
	50m:	30.54	30.54	150m:	1:37.93	33.77	250m:	2:45.50	33.63	350m:	3:52.89	33.63
	100m:	1:04.16	33.62	200m:	2:11.87	33.94	300m:	3:19.26	33.76	400m:	4:25.09	32.20
2.				04						4:31.25	534	
	50m:	30.73	30.73	150m:	1:38.65	34.55	250m:	2:48.98	35.44	350m:	3:58.16	34.38
	100m:	1:04.10	33.37	200m:	2:13.54	34.89	300m:	3:23.78	34.80	400m:	4:31.25	33.09
3.				04						4:32.08	529	
	50m:	31.00	31.00	150m:	1:41.89	35.80	250m:	2:51.40	33.98	350m:	3:59.86	33.78
	100m:	1:06.09	35.09	200m:	2:17.42	35.53	300m:	3:26.08	34.68	400m:	4:32.08	32.22
4.				03						4:33.22	522	
	50m:	30.71	30.71	150m:	1:39.99	35.04	250m:	2:50.90	35.11	350m:	4:00.64	33.92
	100m:	1:04.95	34.24	200m:	2:15.79	35.80	300m:	3:26.72	35.82	400m:	4:33.22	32.58
5.				03						4:34.50	515	
	50m:	30.54	30.54	150m:	1:41.23	35.14	250m:	2:52.18	35.33	350m:	4:01.74	34.55
	100m:	1:06.09	35.55	200m:	2:16.85	35.62	300m:	3:27.19	35.01	400m:	4:34.50	32.76
6.				03						4:42.01	475	
	50m:	32.16	32.16	150m:			250m:			350m:		
	100m:	1:07.37	35.21	200m:	2:19.57		300m:	3:31.80		400m:	4:42.01	
7.				04						4:43.90	465	
	50m:	31.05	31.05	150m:	1:42.52	36.56	250m:	2:55.80	36.65	350m:	4:10.09	37.12
	100m:	1:05.96	34.91	200m:	2:19.15	36.63	300m:	3:32.97	37.17	400m:	4:43.90	33.81
8.				03						4:44.05	465	
	50m:			150m:			250m:			350m:		
	100m:	1:06.18		200m:	2:18.98		300m:	3:33.26		400m:	4:44.05	
9.				04						4:44.20	464	
	50m:	31.54	31.54	150m:	1:43.78	36.61	250m:	2:57.20	36.53	350m:	4:10.56	36.62
	100m:	1:07.17	35.63	200m:	2:20.67	36.89	300m:	3:33.94	36.74	400m:	4:44.20	33.64
10.				04						4:44.94	460	
	50m:	32.28	32.28	150m:	1:44.14	36.14	250m:	2:57.32	36.25	350m:	4:09.84	35.56
	100m:	1:08.00	35.72	200m:	2:21.07	36.93	300m:	3:34.28	36.96	400m:	4:44.94	35.10
11.				03						4:44.97	460	
	50m:	31.57	31.57	150m:	1:43.79	36.62	250m:	2:57.14	36.55	350m:	4:09.87	36.23
	100m:	1:07.17	35.60	200m:	2:20.59	36.80	300m:	3:33.64	36.50	400m:	4:44.97	35.10
12.				04						4:45.06	460	
	50m:			150m:			250m:			350m:		
	100m:	1:05.73		200m:	2:20.23		300m:	3:34.14		400m:	4:45.06	
13.				04						4:46.76	451	
	50m:	31.94	31.94	150m:	1:44.42	36.55	250m:	2:57.21	36.14	350m:	4:10.72	36.84
	100m:	1:07.87	35.93	200m:	2:21.07	36.65	300m:	3:33.88	36.67	400m:	4:46.76	36.04
14.				03						4:47.55	448	
	50m:			150m:	1:43.04	36.59	250m:	2:57.15	37.12	350m:	4:11.34	36.90
	100m:	1:06.45		200m:	2:20.03	36.99	300m:	3:34.44	37.29	400m:	4:47.55	36.21
15.				04						4:47.61	447	
	50m:	30.87	30.87	150m:			250m:			350m:	4:12.41	
	100m:	1:06.13	35.26	200m:	3:35.22		300m:			400m:	4:47.61	35.20
16.				04						4:47.96	446	
	50m:	32.95	32.95	150m:	1:47.08	37.35	250m:	3:01.11	36.99	350m:	4:14.33	36.22
	100m:	1:09.73	36.78	200m:	2:24.12	37.04	300m:	3:38.11	37.00	400m:	4:47.96	33.63
17.				03						4:51.54	430	
	50m:	31.32	31.32	150m:	1:44.67	37.68	250m:	3:01.20	38.47	350m:	4:17.36	37.82
	100m:	1:06.99	35.67	200m:	2:22.73	38.06	300m:	3:39.54	38.34	400m:	4:51.54	34.18

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18.			04							4:52.18	427
	50m: 32.37	32.37	150m: 1:47.11	37.73	250m: 3:03.22	38.24	350m: 4:18.48	37.35			
	100m: 1:09.38	37.01	200m: 2:24.98	37.87	300m: 3:41.13	37.91	400m: 4:52.18	33.70			
19.			03							4:52.86	424
	50m: 31.25	31.25	150m: 1:44.12	37.39	250m: 3:00.16		350m: 4:16.86				
	100m: 1:06.73	35.48	200m: 3:38.70	1:54.58	300m:		400m: 4:52.86	36.00			
20.			04							4:56.05	410
	50m:		150m:		250m:		350m:				
	100m: 1:08.79		200m: 2:25.65		300m: 3:41.89		400m: 4:56.05				
21.			03							4:56.17	410
	50m: 32.39	32.39	150m: 1:47.16	38.27	250m: 3:03.32	38.13	350m: 4:19.11	37.57			
	100m: 1:08.89	36.50	200m: 2:25.19	38.03	300m: 3:41.54	38.22	400m: 4:56.17	37.06			
22.			04							4:59.36	397
	50m: 31.93	31.93	150m: 1:47.63	38.39	250m: 3:05.96	40.00	350m: 4:24.38	39.30			
	100m: 1:09.24	37.31	200m: 2:25.96	38.33	300m: 3:45.08	39.12	400m: 4:59.36	34.98			
23.			03							4:59.79	395
	50m: 32.90	32.90	150m: 1:47.85	38.20	250m: 3:04.88	38.79	350m: 4:22.00	38.21			
	100m: 1:09.65	36.75	200m: 2:26.09	38.24	300m: 3:43.79	38.91	400m: 4:59.79	37.79			
24.			04							5:06.76	369
	50m: 33.99	33.99	150m: 1:52.75	39.45	250m: 3:10.81	38.66	350m: 4:27.67	38.14			
	100m: 1:13.30	39.31	200m: 2:32.15	39.40	300m: 3:49.53	38.72	400m: 5:06.76	39.09			
25.			03							5:15.47	339
	50m: 36.36	36.36	150m:		250m:		350m:				
	100m: 1:15.54	39.18	200m: 2:37.42		300m: 3:59.30		400m: 5:15.47				
26.			04							5:19.65	326
	50m: 32.19	32.19	150m: 1:51.10	40.18	250m: 3:14.53	42.19	350m: 4:39.69	42.78			
	100m: 1:10.92	38.73	200m: 2:32.34	41.24	300m: 3:56.91	42.38	400m: 5:19.65	39.96			
27.			04							5:21.16	321
	50m: 31.91	31.91	150m:		250m: 3:14.48	42.82	350m:				
	100m: 1:09.50	37.59	200m: 2:31.66		300m: 3:57.10	42.62	400m: 5:21.16				
28.			04							5:24.55	311
	50m:		150m:		250m:		350m:				
	100m: 1:17.03		200m: 2:44.05		300m: 4:06.23		400m: 5:24.55				
29.			04							5:25.30	309
	50m:		150m:		250m:		350m:	4:47.23	41.04		
	100m: 1:15.07		200m: 2:38.59		300m: 4:06.19		400m: 5:25.30	38.07			
30.			04							5:26.21	307
	50m: 34.02	34.02	150m: 1:56.17	42.14	250m: 3:23.47	43.92	350m: 4:48.29	41.51			
	100m: 1:14.03	40.01	200m: 2:39.55	43.38	300m: 4:06.78	43.31	400m: 5:26.21	37.92			
31.			04							5:26.92	305
	50m: 35.55	35.55	150m:		250m:		350m:				
	100m:		200m: 5:28.84		300m:		400m: 5:26.92				
32.			04							5:44.86	259
	50m:		150m: 2:02.36	44.00	250m: 3:32.02	44.89	350m:				
	100m: 1:18.36		200m: 2:47.13	44.77	300m: 4:17.01	44.99	400m: 5:44.86				
EXH			05							4:42.49	472
	50m: 31.45	31.45	150m: 1:42.67	35.83	250m:		350m: 4:07.47	36.60			
	100m: 1:06.84	35.39	200m: 2:18.68	36.01	300m: 3:30.87		400m: 4:42.49	35.02			
EXH			05							4:53.16	423
	50m: 32.98	32.98	150m: 1:47.37	37.27	250m: 3:03.01	37.95	350m: 4:16.90	36.96			
	100m: 1:10.10	37.12	200m: 2:25.06	37.69	300m: 3:39.94	36.93	400m: 4:53.16	36.26			

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EXH					05						5:02.67	384
	50m:	32.10	32.10	150m:	1:48.93	38.63	250m:	3:08.68	40.18	350m:	4:24.90	37.12
	100m:	1:10.30	38.20	200m:	2:28.50	39.57	300m:	3:47.78	39.10	400m:	5:02.67	37.77
EXH					05						5:07.76	365
	50m:	1:49.56	1:49.56	150m:			250m:	3:09.87	40.43	350m:		
	100m:	1:10.03		200m:	2:29.44		300m:	3:50.74	40.87	400m:	5:07.76	
EXH					05						5:08.17	364
	50m:	32.28	32.28	150m:	1:49.63	39.02	250m:			350m:		
	100m:	1:10.61	38.33	200m:	2:29.17	39.54	300m:	3:48.88		400m:	5:08.17	
EXH					05						5:14.11	343
	50m:	34.61	34.61	150m:			250m:	3:14.18	40.83	350m:		
	100m:	1:13.36	38.75	200m:	2:33.35		300m:	3:54.72	40.54	400m:	5:14.11	